



Orchard View  
BY THE MISSISSIPPI  
ALMONTE

# *The Monthly Review*

July 2017




CANADA  
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219 Paterson Street

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www.orchardviewmississippi.ca –  /orchardviewmississippi

## Almonte's Ice Cream Connections going back two centuries ~

### Peterson's ice Cream Sign

The words “Almonte” and “ice cream” have long gone together — certainly since the day in 1919 when Louis Peterson stepped off the Renfrew to Ottawa train for a look around, and a few hours later found himself renting a vacant store beside the Bank of Montreal for \$25 a month.

From this modest start arose a successful ice-cream plant and store that by the 1980s, was drawing 6,000 visitors a week and was selling its products to the Parliamentary Restaurant in Ottawa!



“When we were kids we would head down to Peterson's for a double ice cream cone for 5c after a long week of work.” Ronnie

“After picking strawberries for Mom and selling them in town, we had the choice of picking our treat. It was between a great big ginger cookie at Sid McLean's or a butterscotch ice cream cone from Peterson's. The ice cream would be gone in 5 seconds or the cookie lasted all the way home. It was a tough decision, so we alternated!” Jean

“We had to earn an ice cream cone from Peterson's so we tried to be good all week. My favourite was butterscotch. All ice cream was made with 13% cream. Yum!” Marie

“It was the first place you could get a BIG scoop of my favourite ice cream; chocolate & vanilla mixed. People came from Ottawa to enjoy a tasty treat from Peterson's. He was really the first tourism attraction for Almonte.” Dorothy

## Resident of the Month - Bob Sutcliffe

Bob was born in Bishopton, Quebec to Sam Sutcliffe (Halifax/England) and Doris Stoddard (Toronto ON). He was the second of five children. The family, as many did in those times, relocated often finally settling in Sherbrooke, Quebec.

This family was a casualty in part due to the times: Canada was just recovering from the Depression and was now facing a new threat, World War II. Bob's mother did the best she could raising her family while experiencing long separations from her husband. Sam served Canada in both World War I and II. In due course the family was no longer together; the Church intervened and the children were sent to various boarding schools, the boys to Quebec City.

When asked about his favorite childhood memories he said he really doesn't have any happy ones. His recollections were of a family consumed with worry over his Mother's brothers, all five of whom were overseas during World War II, one a POW in Japan. Fortunately, they all returned home and Bob maintained close relationships with his uncles throughout their lives. His interest in history and later on in genealogy he feels was most certainly fuelled by his uncles' war time experiences and his desire to know more about his family and their origins.

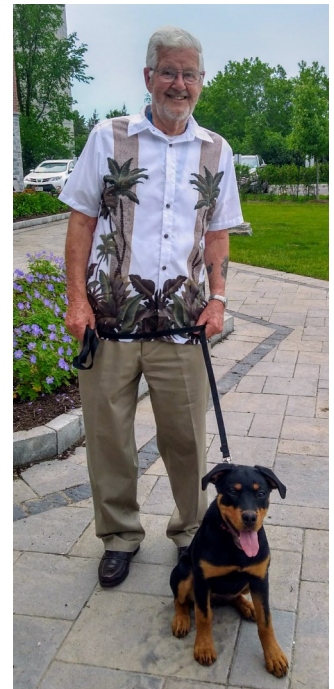
In 1953 Bob started his career with Bell Telephone as a linesman in Sherbrooke and on retirement 36 years later he was an Associate Director - Engineering. His work took him all over Canada and United States with Bell and Telecom Canada. Bob is a lifetime member of the Bell Telephone Pioneers.

Retirement brought more challenges. Bob relocated to Almonte and started a second career in politics. He thoroughly enjoyed his 20 year tenure as Councillor for Lanark Highlands. Bob was involved in many organizations during his lifetime. Deacon with the Baptist Church, an Assistant Scout Master, Past President of Almonte White Ensign, Director of the Royal Canadian Naval Association, member of the Hong Kong Veterans Association, to name a few. He also served on several boards: Middleville Museum, Clayton Senior Housing and Carleton Place Hospital Board.

Bob travelled extensively during his retirement, visiting England, Scotland, Ireland, France, and Germany. He happily avoided 25 of our Canadian winters as a snowbird.

Bob together with his first wife, Bess, raised 4 children, and he now has 8 grandchildren and 4 great grandchildren. When asked what he was most proud of, Bob says, that despite the hardships of his upbringing, he was able to turn things around and make a good life for himself.

Bob feels that Orchard View has provided him with the opportunity to really enjoy his retirement now. He can do as little or as much as he wants. In his words "it's like being on vacation". His long-time friends appreciate the welcoming environment when they visit and Bob particularly enjoys the new friends he and his wife Elly have made at Orchard View.





# “Keep on Smiling”









## Testimonial - Ellie Lovas - Sutcliffe

We have been at Orchard View since late November 2016 and have thoroughly enjoyed our time here thus far. My husband and myself have found the Management Team and Staff here at Orchard View to have been incredibly helpful and filled with kindness. We have taken part in many activities in our time here, which includes: various forms of exercise, music, choir, bus trips and much more. The flexibility and availability of activities offered have accommodated our private schedules nicely and in a way that they do not interfere with our regular daily affairs. The food and Dining Room Staff are exceptional. The atmosphere at this residence is unlike anything we could have imagined. Feelings of love and kindness between the Orchard View family prevails and can be observed on a daily basis. Everyone treats everyone else with kindness and respect. We are enjoying our time here at Orchard View, we couldn't expect anything better, anywhere else.

## Rock Star of the Month - Julie Carruthers

Julie has been apart of our team from near the beginning. Our resident nomination says "She is awesome!" Julie is always encouraging and engaging residents in meaningful activities, trying new things and overall doing what's best for our residents here. For this and much more Julie is our Rock Star of the Month!

## Where are we from...?

**Olive Clifffen:** Born in London England - Olive had started to look around at various retirement homes but when she walked in the doors at Orchard View she knew she wanted to move here.

**Lena Glasbergen:** Born in Holland Netherlands - Immigrated here with her children, including a 7 month old baby. When Lena found out that Julie Munro worked here she knew she had to come and look. Lena was hesitant to leave her previous retirement home cause she knew everyone. Her daughtered offered a few words of wisdom saying be not afraid that everyone is new here.

**Jim Scrimgeour:** Born in St. Jean Quebec - Jim had moved out into the Arnrior area for a flight test back in his working years. From there he worked in Carleton Place for close to 15years before retiring. When the time came Jim and his wife, Anne's choice was Orchard View!

**Marie Dunn:** Born in Ottawa Ontario, but spent her junior years in Woodstalk Ontario - When Marie voluntarily gave up driving at the age of 93, Orchard View could accommodate all her needs "No other place met my expectations"

## Special Activities

Almonte Hookers & Knitters  
Strawberry Social  
Casino Raceway Evening  
Almonte Daycare Children's Visits  
Wood Working Classes  
Master Gardeners Information Sessions  
One Year Anniversary Event  
New Resident Meet and Greet with  
our Furry Friends

## Residents in Action

Movies with Roy  
Joanna's Book Picks  
Chat with Pat  
Bingo with Joanna

## Musical Entertainment

July 14th - Al M

July 28th - Dai Bassett

## Amenities & Services

24-Hour Nursing Staff  
Chapel Services  
Wellness Centre—Physiotherapy  
Emergency Response System  
Esthetician  
Foot Care Nurse  
Full Service Dining Room  
Hearing Aid Clinic  
Hair Salon  
Library  
House Physician  
Snack and Beverage Bistro  
Wheelchair Accessible Bus  
Pool & Shuffleboard Table  
Bus Trips and Shopping Trips



## Regular Activities

### Mind

Game of Euchre & Bridge  
Puzzle Corner  
Trivia Thursday  
Scrabble  
Presentations

### Body

Fitness Classes  
Walking Club  
Game of Darts  
Game of Pool  
Gardening

### Soul

Open Art  
Catholic Mass  
Movie Nights  
Entertainment with Joe Princiotta  
Smoothie Social



Join us among the Stars  
at Orchard View by the Mississippi

## One Year Anniversary Celebration

Friday  
July 28th, 2017  
6-8pm

*Come celebrate with us as we showcase our  
our residents, their accomplishments, talents  
and favourite moments.*

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## Welcome our New Residents



Join us Sunday July 9th from 2:00-4:00pm  
to visit with our newest Residents.

### What living at Orchard View looks like

It's the new way of living in smaller spaces. But how do you go from a 3 bedroom house to a studio?

Repurpose, use creative storage, simplify. Call Julie to book your personalized visit to see how our residents have accomplished comfort in their new trendy smaller homes.



Call 613.963.5000

**OV**  
ORCHARD VIEW

### Experience living sculpture on June 28<sup>th</sup>

With the "Retired not Expired" nature walking group from  
Mills Community Support.

For a different kind of nature walk, join our "Retired.. Not Expired" nature walking group on Wednesday, July 26 as they take in the special Canada150 exhibit **MOSAICANA-DA150/GATINEAU 2017**. The exhibit features "mosaic culture", a spectacular horticultural technique that combines sculpture, colour and horticulture to create living art with plants. Nature enthusiasts Allan Goddard and Neil Carleton will lead the group.

Join in a Nature walk on the last Wednesday of each month with a new destination each month.

Outings include transportation as well as a picnic lunch.

To register contact our home support office at (613) 256.4700

**MILLS**  
COMMUNITY SUPPORT