# A cup of Joe

Spring is in the air – The snow is finally melting the birds are chirping and soon the boys of summer will be hitting the baseball around. Our employee of the month is Vivian Fee, in our Dining Room. Vivian has a resident first attitude and is quick reaction on any resident needs. Thank you, Vivian, for all you do.

A big hello and welcome to our new in-house Doctor, Doctor Milko. Doctor Milko has spent the last few weeks getting residents added to his roster. Please see Lisa Doering if you would like to be added to the list. Lisa and I would like to thank you all for being so diligent in our efforts this winter in keeping your home flu free. We are one of the few homes in the valley that have not experienced an outbreak this winter. Keep up the good work just a few more weeks to go. I know Michael has lots planned for the spring and summer so keep your eyes peeled on the newsletter for more parties and events. Please also stay tuned as Chef Conor is now working on a new spring/summer menu rotation with all suggestions being welcome. Got a recipe you want to share?



As Executive Director, I know there are always ways to improve and each day it is my job to help staff and managers meet the challenges head on and strive for excellence, exceeding your expectations! Our OVM team will continue to work hard each day so each resident is proud to call us home.

My door is always open and I invite you to pop in for a chat any time.

Joe Price



## **Bingo-Wood**

Join us for an evening of various Bingo games at our first "Bingo-Wood"

Thursday April 26th Games starting at 7:00pm

\$5 for the night with a grand prize given. We will have light refreshments for sale. Come in your most fabulous Old Hollywood look!

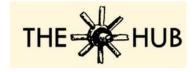
### Jeanetta's Hat Fashion Show



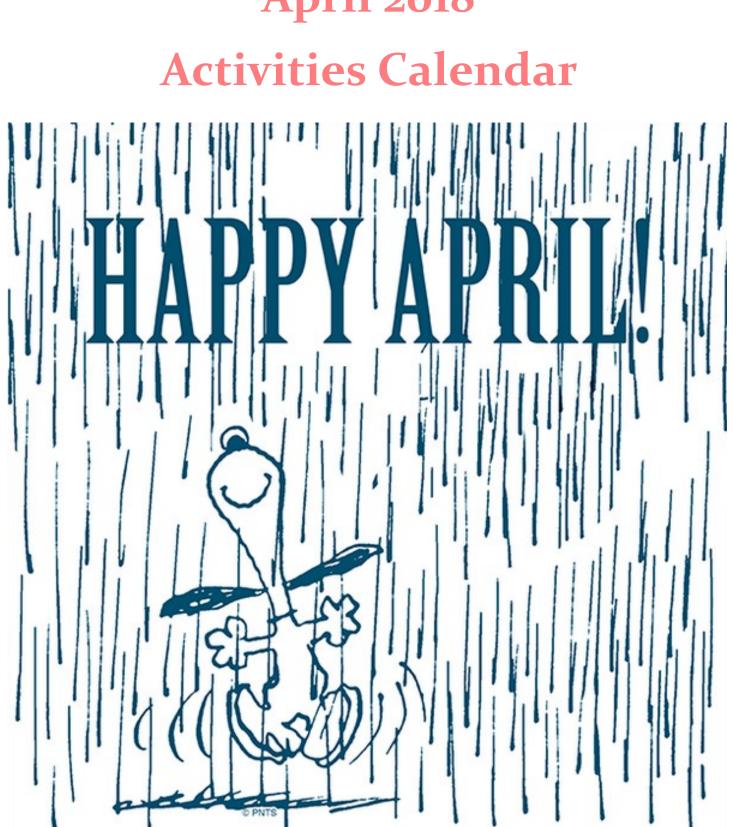
We all know and love Jeanetta's hat collection, so why not show it off! Wednesday April 25th at 3:30 in the Atrium. If you would like to volunteer to show off a hat in the fashion show please sign up at Reception!

### Spring Cleaning in Support of The Hub

The weekend of April 21st we will be collecting gently worn clothing and knick-knacks as we clean out our closets. All donations will be given to The Hub!







April 2018

Orchard View by the Mississippi Activities for April 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 1 Easter Sunday - Brunch 10:00 Catholic Communion (CH) 11: 00 Grace Anglican Church Service (CH) 11:00 Easter Brunch (DR) 1:00 Easter Brunch (DR) 4:30 Sit and Be Fit (TH) 7:00 Shuffle Board Game (MPR)	April 2 Easter Monday 10:00 Fitness Class (WC) 11:00 Orchard View Chorus Easter Performance (3rd FLL) 2:00 Game of Euchre (MPR) 2:30 Fine Music Monday (TH) 4:00 Chair Yoga (TH) 7:00 Movie Night (T)	April 3 10:00 Fitness Class (WC) 1:00 Wood Carving (WC) 2:00 Coffee & Tea Social (3rd FLL) 2:00 Game of Bridge (2nd FLL) 3:00 Thirsty Tuesday (B) 4:00 French Conversation with Helen G. (MPR) 7:00 Evening Game of Pool (MPR) 7:00 Grief Care Program (CH)	April 4 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:15 Chair Badminton (3rd FLL) 11:00 Musical Entertainment with Joe (A) 2:00 Almonte Hookers & Knitters (2nd FLL) 4:00 Chair Yoga (TH) 6:30 Six Hand Euchre (WC) 7:00 Game of Euchre (MPR) 7:00 Movie Night (TH)	April 5 10:00-11:30 Blood Pressure and Weight Clinic (3rd Floor Nurses Station) 9:00-11:30 Open Art with Audrey (2nd FLL) 10:00 Walking Club (2nd FLL/A) 11:00 Shuffleboard with Joe and Conor (MPR) 2:00-4:00 Kitchen Open for Residents to Bake/ Cook (3rd FL K) 2:00 Coffee & Tea Social (3rd FLL) 2:30-3:30 Lyrically Speaking with Beryl (3rd Floor Lounge) 3:00 Afternoon Movie (TH) 7:00 Bingo with Joanna (WC)	April 6 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 2:00 Chat with Pat (MPR) 3:00 Happy Hour Social with Entertainment by Dai Bassett (A) 4:00 Chair Yoga (TH) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR)	April 7 10:30 Morning Billiards (MPR) 10:30 Euchre or Cards with Harold (MPR) 1:00-3:00 Spring Fling Make Over with Mary Kay (WC) 2:00 Coffee & Tea Social (3rd FLL) 3:30 Good Thoughts, God Thoughts (CH) 4:30 Sit and Be Fit (TH) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR)
April 8 10:00 Catholic Communion (CH) 11: 00 Grace Anglican Church Service (CH) 2:00 Documentary: Planet Earth (TH) 4:30 Sit and Be Fit (TH) 7:00 Shuffle Board Game (MPR)	April 9 10:00 Fitness Class (WC) 10:45 Open Fitness Class (WC) 2:00 Game of Euchre (MPR) 2:30 Fine Music Monday (TH) 3:00 Cook Off Taste Testing Joe VS Joe VS Conor (B) 4:00 Chair Yoga (TH) 7:00 Movie Night (T)	April 10 10:00 Fitness Class (WC) 1:00 Wood Carving (WC) 2:00 Coffee & Tea Social (3rd FLL) 2:00 Game of Bridge (2nd FLL) 3:00 Thirsty Tuesday (B) 4:00 French Conversation with Helen G. (MPR) 7:00 Evening Game of Pool (MPR) 7:00 Grief Care Program (CH)	April 11 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:15 Chair Badminton (3rd FLL) 11:00 Musical Entertainment with Joe (A) 1:00-3:00 Hub Pop Up Shop (WC) 2:00 Almonte Hookers & Knitters (2nd FLL) 4:00 Chair Yoga (TH) 6:30 Six Hand Euchre (WC) 7:00 Game of Euchre (MPR) 7:00 Movie Night (TH)	April 12 9:00-11:30 Open Art with Audrey (2nd FLL) 10:00 Walking Club (2nd FLL/A) 10:00 Wooden Toy Building Model (MPR) 2:00-4:00 Kitchen Open for Residents to Bake/ Cook (3rd FL K) 2:00 Coffee & Tea Social (3rd FLL) 2:30-3:30 Lyrically Speaking with Beryl (3rd Floor Lounge) 3:00 Afternoon Movie (TH) 7:00 Bingo with Joanna (WC)	April 13 10:00 Fitness Class (WC) 10:00 Tuck Shop Open <i>10:00 Shopping Trip: Hazeldean Mall (O)</i> 2:00 Chat with Pat (MPR) 3:00 Happy Hour Social A) 4:00 Chair Yoga (TH) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR)	April 14 10:30 Morning Billiards (MPR) 10:30 Euchre or Cards with Harold (MPR) 2:00 Coffee & Tea Social (3rd FLL) 3:30 Good Thoughts, God Thoughts (CH) 4:30 Sit and Be Fit (TH) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR)
April 15 10:00 Catholic Communion (CH) 11: 00 Grace Anglican Church Service (CH) 2:00 Documentary: Planet Earth (TH) 4:30 Sit and Be Fit (TH) 7:00 Shuffle Board Game (MPR)	April 16 9:30-11:00 Intergeneration Play Group (3rd FLL) 10:00 Fitness Class (WC) 10:45 Open Fitness Class (WC) 2:00 Game of Euchre (MPR) 2:30 Fine Music Monday (TH) 4:00 Chair Yoga (TH) 7:00 Movie Night (T)	April 17 10:00 Fitness Class (WC) 1:00 Wood Carving (WC) 2:00 Game of Bridge (2nd FLL) 2:00 Coffee & Tea Social (3rd FLL) 3:00 Thirsty Tuesday (B) 4:00 French Conversation with Helen G. (MPR) 7:00 Evening Game of Pool (MPR) 7:00 Grief Care Program (CH)	April 18 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:15 Chair Badminton (3rd FLL) 10:45 Open Fitness Class (WC) 11:00 Musical Entertainment with Joe (A) 11:45 Volunteer Appreciation Ceremony (A) 2:00 Almonte Hookers & Knitters (2nd FLL) 2:30 Medical Talks with Bassem from Medical Arts: Parkinson's Awareness Month (TH) 4:00 Chair Yoga (TH) 6:30 Six Hand Euchre (WC) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR)	April 19 9:00-11:30 Open Art with Audrey (2nd FLL) 10:00 Walking Club (2nd FLL/A) 11:00 Shuffleboard with Joe and Conor (MPR) 2:00-4:00 Kitchen Open for Residents to Bake/ Cook (3rd FL K) 2:00 Coffee & Tea Social (3rd FLL) 2:30-3:30 Lyrically Speaking with Beryl (3rd Floor Lounge) 3:00 Audiology Clinic (Spa) 3:00 Afternoon Movie (TH) 7:00 Coffee House (MPR) 7:00 Bingo with Joanna (WC)	April 20 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 11:00 Catholic Mass (CH) 2:00 Chat with Pat (MPR) 3:00 Happy Hour Social and Entertainment with Roger and Group (A) 4:00 Chair Yoga (TH) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR)	April 21 10:30 Morning Billiards (MPR) 10:30 Euchre or Cards with Harold (MPR) 2:00 Coffee & Tea Social (3rd FLL) 3:30 Good Thoughts, God Thoughts (CH) 4:30 Sit and Be Fit (TH) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR) Spring Cleaning Clean out your Closet ~ All Donations Going to the Hub!
April 22 10:00 Catholic Communion (CH) 11: 00 Grace Anglican Church Service (CH) 2:00 Documentary: Planet Earth (TH) 4:30 Sit and Be Fit (TH) 7:00 Shuffle Board Game (MPR)	April 23 10:00 Fitness Class (WC) 10:45 Open Fitness Class (WC) 11:00 Orchard View Chorus Practice (3rd FLL) 2:00 Game of Euchre (MPR) 2:30 Fine Music Monday (TH) 4:00 Chair Yoga (TH) 7:00 Movie Night (TH)	April 24 10:00 Fitness Class (WC) 1:00 Wood Carving (WC) 2:00 Coffee & Tea Social (3rd FLL) 2:00 Game of Bridge (2nd FLL) 3:00 Thirsty Tuesday (B) 4:00 French Conversation with Helen G. (MPR) 7:00 Evening Game of Pool (MPR) 7:00 Grief Care Program (CH)	April 25 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:15 Chair Badminton (3rd FLL) 10:45 Open Fitness Class (WC) 11:00 Musical Entertainment with Joe (A) 2:00 Almonte Hookers & Knitters (2nd FLL) 3:30 Jeanetta's Hat Fashion Show (A) 4:00 Chair Yoga (TH) 6:30 Six Hand Euchre (WC) 7:00 Game of Euchre (MPR) 7:00 Movie Night (TH)	April 26 10:00 Walking Club (2nd FLL/A) 11:00 Town Hall Meeting (MPR) 2:00-4:00 Kitchen Open for Residents to Bake/ Cook (3rd FL K) 2:00 Coffee & Tea Social (3rd FLL) 2:30-3:30 Lyrically Speaking with Beryl (3rd Floor Lounge) 3:00 Afternoon Movie (TH) 7:00 Bingo-wood (WC)	April 27 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:00 Shopping Trip: Walmart CP (O) 2:00 Chat with Pat (MPR) 3:00 Happy Hour (A) 4:00 Chair Yoga (TH) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR)	April 28 10:30 Morning Billiards (MPR) 10:30 Euchre or Cards with Harold (MPR) 2:00 Coffee & Tea Social (3rd FLL) 3:30 Good Thoughts, God Thoughts (CH) 4:30 Sit and Be Fit (TH) 7:00 Movie Night (TH) 7:00 Game of Euchre (MPR)
April 29 10:00 Catholic Communion (CH) 11: 00 Grace Anglican Church Service (CH) 2:00 Documentary: Planet Earth (TH) 4:30 Sit and Be Fit (TH) 7:00 Shuffle Board Game (MPR)	April 30 Fitness Class (WC) 10:45 Open Fitness Class (WC) 11:00 Orchard View Chorus Practice (3rd FLL) 2:00 Game of Euchre (MPR) 2:30 Fine Music Monday (TH) 4:00 Chair Yoga (TH) 7:00 Movie Night (TH)	Apr	il	Legend Atrium (A) Library (L) Multi Purpose Room (MPR) Bistro (B) Second Floor (2nd FL) Third Floor (3rd FLL) Kitchen (K) Patio (P) 3rd Floor Nurses Station (3rd FL NS)	Second Floor Lounge (2nd FLL) Dining Room (DR) Salon (SL) Spa (S) Theatre (TH) Chapel (CH ) Outing (O) Wellness Centre (WC) Mills Community Support Activity (MCS)	The Mills Events and Outings are now listed in our calendar. Should you wish to partake please contact Jan at 613-256-1031 Mills Community Support (MCS) OMMUNITY SUPPORT