

Orchard View

BY THE MISSISSIPPI
ALMONTE

The Monthly
Review

July 2018



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Resident of the Month: Don Wiles

CURA/ARJCC Tribute Award

Presented to Donald Wiles

Carleton University Retirees Association

Award Citation



Don Wiles has been part of Carleton University for most of its existence. He has played a vital role in the university as a teacher for 54 years, (a record unlike ever to be equaled), an administrator (as chair of Chemistry for 12 years), a researcher, an expert in radioactive waste disposal and as a perpetual goad in the side of senior management.

He has been incredibly generous both with his time but also financially, and prizes in his name are awarded for excellence in teaching by TA's in all the science departments. These accomplishments were recognized by the award of an Honorary Degree in 2011.

Don not only contributed to the development of life long learning at Carleton but also developed a satellite operation based in his hometown of Almonte, initially by the individual lectures but subsequently by six-week courses in the style of Learning in Retirement. He encouraged the interaction of Carleton with various community centers around Ottawa and as a result many of us have given lectures to a wider audience.

However his nomination is based on his foundation for the Carleton University Retirees Association (CURA). The inaugural meeting of the CURA was held October 20th, 2006. It was founded on Don's initiative and he became the organization's first president, serving in this role until 2012. He worked very hard to force the university to recognize its retirees and he assisted in creating an MOU between CURA and the university. This active role has continued into his 90's.

Laugh out Loud at Orchard View

I was in a public toilet and had just sat down, when I heard a voice from the next cubicle, he said "Hi!, how are you?" Embarrassed, I said "I'm doing fine." The voice said "So what are you up to?" I said "just doing the same as you, sitting here!" He said "Can I come over?". Annoyed, I said "rather busy right now". The voice said, "Listen, I will have to call you back, there's an idiot next door answering all my questions."

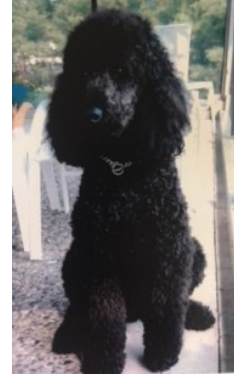


Moments that Matter from Residents at OVM

This newest addition to our Newsletter will be from our residents. It will be stories of love, enjoyment and the memories made in life. Enjoy these stories as a friend would.

A Dog's Love

Was it love, admiration, wonder, pride or disbelief? I don't know, but every Thursday afternoon for five years I experienced all of these emotions during our two-hour sessions at an Almonte nursing home with my Standard Poodle, Kirby. Not once during those five years did I have to correct him. He knew quite naturally how to approach a resident and what to do for each.



However, this story is about one resident in particular. She was quite elderly and had withdrawn into her own world. We heard about her one Thursday when we received our instructions from the nursing station and were told it wouldn't be worth while spending much time with her as she wouldn't know we were there. After a few moments with this lady I had agreed with this advice and was ready to leave her side but Kirby resisted leaving. He gave her limp hand a little nudge with his nose every few minutes and while we eventually had to move on I was puzzled by his reaction.

We continued to visit her each week and after many weeks I saw her figure move. I rushed to tell the nurses only to be told that it was probably an involuntary movement. But we continued to visit and yes, one week we saw her hand move. Weeks later she was making soft sounds and we were thrilled, especially Kirby. She continued to make sounds that began to sound like words and one hand would go out to touch Kirby's ear. Oh, what wonderful progress! She tried so hard to talk and while it was just noise everyone was thrilled with the progress. And then one day we were all dumbfounded when she clearly said "Blackie come home". We tried to determine what she meant and decided that when she entered the home she had been separated from her dog Blackie and at long last they were reunited!

Sadly, it was not much later that we were told she had died of a stroke. I always wondered whether Kirby understood why he could no longer visit his friend and what had prompted his determination to communicate with a person who had been unresponsive for so long.

This is just one of my remarkable experiences with Kirby and his love of those needing his companionship.

Lorna MacNabb

Keep on Smiling





Residents at OVM and students From Almonte District High School ~ Civics Class, have spent the last 8 weeks visiting one another. They have shared their life stories, memories and thrills with each other. There is no measurement of knowledge gained however seeing the students relaxed and at home here with the residents, the hugs and smiles when they see one another and the personalized gifts shows volume on how the past 8 weeks have impacted both our residents and students. Life experience and interaction far out weights a text book. Thank you ADSH students, Teachers and Principle for making a difference!

Testimonial - Barb Armstrong

I have just recently been away for a holiday. As I came back to Orchard View, I had a very strong sense of coming home. Everything from when you walk into the beautiful spacious atrium to the welcoming. Reception & other staff greeting you like family. Millie (my cat) and I are happy and comfortable. Food is great! And there are always lots of smiles in Orchard View.

Employee of the Month - Ashley Newman

We would like to congratulate Ashley on being awarded Employee of the Month. Ashley is a stand up employee who is cared for by all residents she meets. She is dependable while at work and creates a wonderful environment for others. Keep up the wonderful work, the residents and your fellow co-workers are appreciative of everything you do.

Introducing The Towns by Orchard View by the Mississippi

We are all very excited that construction has started on the soon to be available 32 new homes for Independent Seniors in the Almonte area.



Each Town Home will be 1,500sq. ft. have a garage, kitchen, 1 1/2 bath, bedroom & den, laundry, indoor & outdoor living space and more!

For more information please contact Julie at 613-963-5000 or ovmarketing@ovlc.com

Our Backyard Animals are Back

We would like to welcome to OVM our newest residents. For the summer months we will have furry new friends, four goats, Jane and her baby. Misty and Spike are happy to have visitors for the summer. Should any one wish to come and give them treats or snacks *they* love veggies and we have special treats inside the doors to the building.



Special Activities / Events

Crazy Canadian Canuck Week

Strawberry Social



Musical

Entertainment

July 6th Mike Fahey

July 20th Barrhaven Fiddlers

July 27th Roger Fowler and Band

Residents in Action

Joanna's Book Picks

Chat with Pat

Bingo with Joanna

Amenities & Services

24-Hour Nursing Staff

Chapel Services

Wellness Centre—
Physiotherapy

Emergency Response
System

Foot Care Nurse

Full Service Dining Room

Hearing Aid Clinic

Hair Salon

Library

House Physician

Snack and Beverage
Bistro

Wheelchair Accessible
Bus

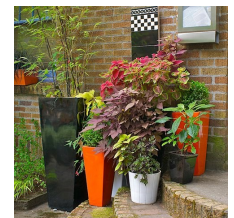
Pool & Shuffleboard
Table

Bus Trips and Shopping
Trips

Tuck Shop

Garden DIY: Beat the Heat

Here's a great way to help your houseplants keep their cool when they are outdoors for the summer. Place one potted plant—pot and all inside a large pot and fill in between the pots with peat moss. This will help keep the roots moist and cool even during the dogs days of August.



Regular Activities

Mind

Game of Euchre & Bridge

Puzzle Corner

Bingo

Scrabble

Chat with Pat

Body

Fitness Classes

Walking Club

Game of Darts

Game of Pool

Gardening

Zumba

Soul

Movie Nights

Entertainment with

Joe Princiotta

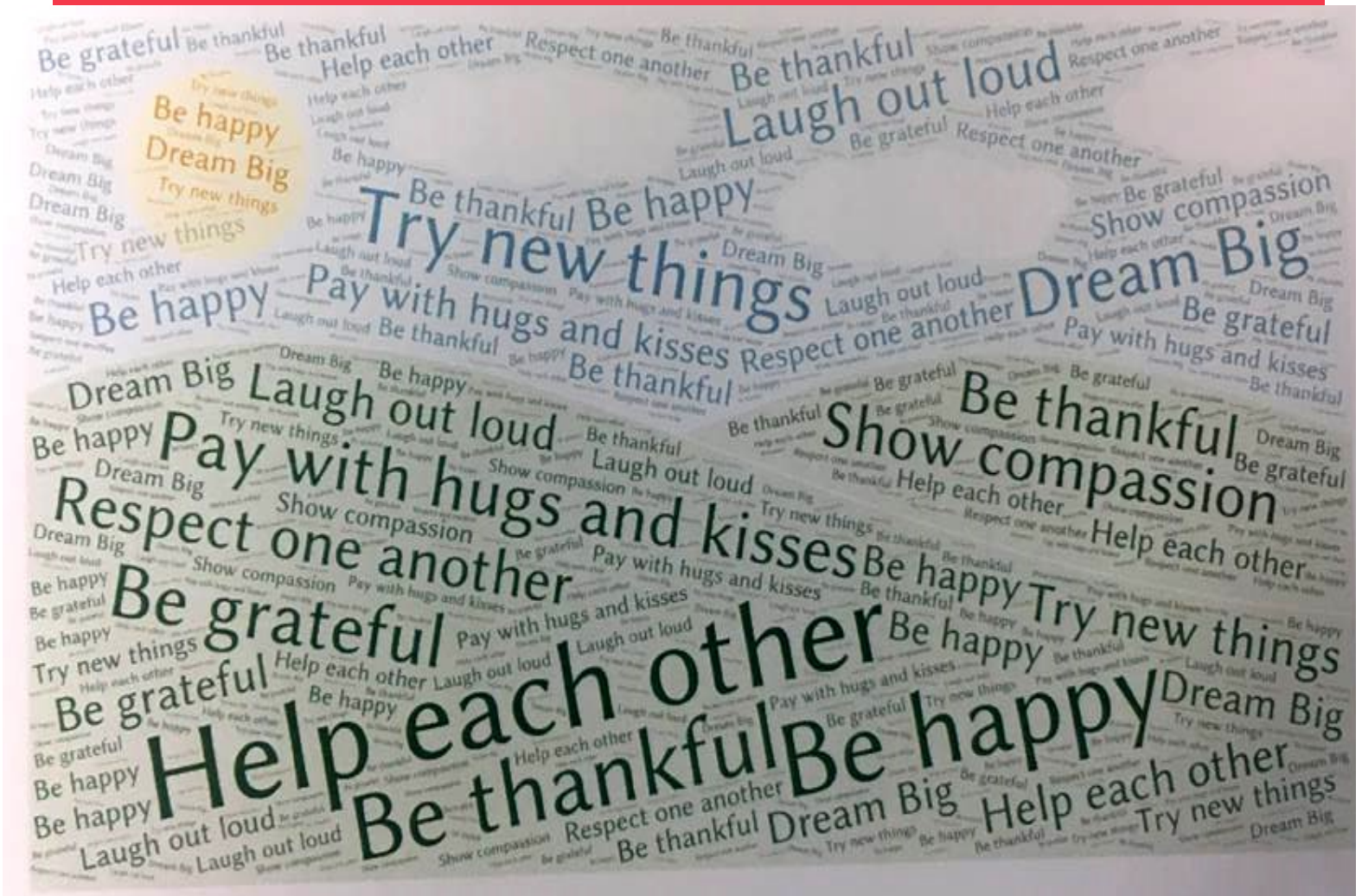
Orchard View Chorus

Religious Services

Chair Yoga



Living Rules from Marie Dunn



Hope to see you at our upcoming events

Canada Summer Olympics ~ July 2nd

Strawberry Social ~ July 12th

Country Harvest ~ August 30th

Vendemmia ~ September 16th

**** School of Support will return in the fall****

See you then!