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#### Bottle Drive in Support of Freedom Dog Rescue

Our Recreation Director, Michael, has become a Foster parent for Freedom Dog Rescue, an organization that will find new homes for stray, abandoned, or dogs surrendered by their owners.



This is a not-for-profit organization that relies on volunteers and donations to feed and vet the dogs we foster.

The month of August, Orchard View will be collecting your empty bottles to help find dogs like Daisy a new home.

Donations will be gladly accepted and can be dropped off all month at 219

Paterson Street Almonte ON

Should you need them picked up please contact Michael at

613-963-5000 or ovmrecreation@ovlc.com





#### Summer Silence

Eruptive lightnings flutter to and fro
Above the heights of immemorial hills;
Thirst-stricken air, dumb-throated, in its woe
Limply down-sagging, its limp body spills
Upon the earth. A panting silence fills
The empty vault of Night with shimmering bars
Of sullen silver, where the lake distils
Its misered bounty.—Hark! No whisper mars
The utter silence of the untranslated stars.

E. E. Cummings

219 Paterson Street

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/orchardviewmississippi

#### Resident of the Month: Rosalia Princiotta

Rosalia was born in 1934 Sicily, Italy but Canada is where she calls home. Rosalia and her family were faced with a crumbling city during the war, forcing the family to look for a new place to build a life. Rosalia's mom left for Canada, leaving a young Rosalia and her sister behind in Italy. Their mom stayed with a distant uncle; a year later she was reunited with Rosalia. Rosalia can remember the boat ride from Sicily to Montreal, eight days of being alone, no food and limited space. Rosalia says its not like the boats people ride today, they didn't feed you or give you anything really.



Rosalia's dad passed away while she was still young, so when Rosalia arrived in Canada she wasn't sent to school, Rosalia needed to find a job to help provide for herself and her mom. Rosalia recalls walking the streets stopping at shops asking if they needed help or had a job for her. She finally arrived at a nunnery, with tears in her eyes she asked if she could get a job. They welcomed her in with open arms and had her start working in the kitchen the next day. Rosalia loved working there, it felt like family to her, she commented that some of the nuns even came to her and Tony's wedding!

Rosalia knew Tony from her time back in Sicily. They were young when they met and Rosalia always knew Tony liked her. When Rosalia received a call (from her now sister-in law) to inform her that Tony was soon to be enrolled in the military, Rosalia put forth the paperwork to have Tony move to Canada to be with her. A month after Tony arrived they were married.

Times weren't easy for these two young immigrants. There was no government funding or housing. They lived in a one room apartment with a little kitchenette on the outskirts of Ottawa until they saved enough money for a bigger place. Tony found a job in construction. With his first pay, a young starving Tony bought a loaf of bread and ate the entire thing in one sitting! Rosalia couldn't believe her eyes.

As times got a bit better Rosalia and Tony had plans to have a baby, there was nothing else in the world she wanted more! It took them about 7 years and a few bumps in the road, but Rosalia and Tony became proud parents to Joe. Rosalia remembers the first time she held him, she couldn't believe that he was a real baby, her baby! Finally, after all those years of waiting she had her miracle child. Rosalia, being a nervous first-time mom, would sneak into Joe's room at night to make sure he was okay.

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#### Special Activities / Events

Country Harvest/Fair

Fill a Backpack

Bottle Drive for Freedom Dog

Rescue

## Musical



Entertainment

Aug 10 Rae Palmer

Aug 24th Dai Bassett

#### Residents in Action

Ladies Euchre with Judy

Chat with Pat

Bingo with Joanna

Orchard View Chorus with Barb

### Amenities → Services

24-Hour Nursing Staff Library

Chapel Services House Physician

Wellness Centre— Snack and Beverage

Physiotherapy Bistro

Emergency Response Wheelchair Accessible

System

Foot Care Nurse Pool & Shuffleboard

Table

Bus

Full Service Dining Room

Bus Trips and Shopping Hearing Aid Clinic Trips

g Ald Clinic Trips

Hair Salon Tuck Shop



#### Garden DIY: Watering Outdoor Flower Pots

Now that the gardens are planted it is time to consider mulch. Good Idea if you apply it properly. What you should <u>not</u> do is pile it around the base of your plant. It'll hold moisture against the plant stems and leaves. That is an open invitation for fungi and critters. Keep a mulch free zone that's 2 or 3 inches wide around each plant.



#### Regular Activities

Game of Euchre & Bridge

Mind

Bingo

Scrabble

Puzzle Corner

Chat with Pat

Fitness Classes

Body

Walking Club

Game of Darts Soul

Movie Nights

Orchard View Chorus

Gardening Entertainment with

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Religious Services

Zumba

Game of Pool

Joe Princiotta Chair Yoga

#### Employee of the Month - Tammie Scott

Congratulations to Tammie for being awarded Employee of the Month. Tammie is an amazing work, but it's the little things she does beyond the job description that makes her stand out. Her creativity and willingness to help the residents even after she clocks out. Tammie has a big heart and shows it everyday. Keep doing what you're doing Tammie, we appreciate everything you do!

#### Testimonial - Jim & Anne Scrimgeour

With some apprehension we entered the OVM atrium with its pond, flora and towering central core that extends all four floors. A fabulous start! From there we became aware of the friendly and welcoming atmosphere that appeared to exist throughout, from staff and residents. From then the food, services, activities and general "good feeling" have convinced us that our choice of a new home was correct.

#### Introducing The Towns by Orchard View by the Mississippi

We are all very excited that construction has started on the soon to be available 32 new homes for Independent Seniors in the Almonte area.

Each Town Home will be 1,500sq. ft. have a garage, kitchen,

1 1/2 bath, bedroom & den, laundry, indoor & outdoor living space and more!



#### Mills Community Support

#### 8<sup>TH</sup> ANNUAL SENIORS EXPO IN SEPTEMBER

Mark your calendars for the 8<sup>th</sup>. Annual Seniors Expo which is going to be held on Thursday, September 6 at Almonte Community Center (ice surface) from 10-3.

Last year we had 78 exhibitors and a record 644 guests who came through the door and we are hoping for the same if not more this year!

We have a variety of exhibitors such as Bayshore Health Care, Canadian Institute for the Blind, the Canadian Hearing Society, the Lanark Food Bank, travel agencies, OA-CAO, Orchard View, Waterside Retirement Residence, Carleton Place Terrace to name a few.

Family became Rosalia's most prized possession, time and memories with them. She was very active with her grandchildren. Going to school events, plays, recitals even driving the children around when Joe and Dana were working. She recalls being with her three grandchildren all the time as they grew up.

Living at Orchard View by the Mississippi brings on a different meaning for Rosalia. She spends her days walking the grounds, gardening, listening to Joe play the piano and suntanning in the front windows with her music on. She is happy to have a beautiful family, who she adores. Orchard View has been and will be the home she loves, as the legacy of Tony and Joe is all around her.

# Moments that Matter from Residents at OVM A Summer from Hell ~ Marie Dunn

The year was 1955. I was newly pregnant with our seventh child. For the first time ever, I had morning sickness. John was a high school teacher, so he was off for the summer but he was "off" to Gagetown, N.B. to the local Militia!

So, I was on my own with six children, the eldest 9! The heat arrived the day after John left. It climbed relentlessly day after day. No air conditioning, no pool, not even a fan (too tempting for little fingers). We had an elderly lady boarding with us who required diabetic meals (the rest of us craved sweet desserts).

The grass turned yellow, it crunched underfoot. There was a car in the driveway but I had not renewed my license since we moved to Almonte in 1954. Not that I needed a car – milk, bread and groceries (ordered by phone) were delivered to the door. Those delivery men were the only outsiders I saw all summer. I was a prison without bars!

Every day there were washings to be done – no pampers then. Diapers were sewn by me. Relentlessly the thermometer rose above 100 degrees Fahrenheit (doesn't that sound hotter then our present 40 degrees Celsius?)

August brought no relief, no cool breeze, no rain. The final straw for me came the day our clothes

washer broke down! Repair men were rare in the mid 1950's. I enlisted the help of a neighbor but with no luck.

The third week of August arrived. John came home, the temperature dropped, the rain came, the washer was fixed and my nausea receded.



I had survived!

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# Keep on Smiling

























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