

Orchard View
BY THE MISSISSIPPI
ALMONTE

The Monthly Review

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219 Paterson Street

Almonte, Ontario, K0A 1A0

613-963-5000

www.orchardviewmississippi.ca –



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Resident of the Month: Doris Laverne

Doris was born near by Ottawa, Ontario, and is proud to call herself a Canadian citizen! When she was growing up in Ottawa she and her family would go up to their cottage. It was hard for her parents to find the time for relaxing having six boys and seven girls running around the house. Everyone would go swimming and fishing adding up to a lot of family fun for them. Doris loved going to the cottage. Not only did Doris love the cottage but she would also pass time by sewing and reading.



When the time came Doris started attending school. Doris and her parents believed that school was extremely important and should never be pushed aside. Later, Doris met the love of her life, Mel Lavergne. They met at a young people's church group. "When he first walked in it was like love at first sight. I knew I must have him!" Doris said. They carried on with each other in their lives. Doris got a job at the bank while Mel secured a job working as a railway engineer eventually working on the National Railway.

The two were happy and the happiness continued to grow. Doris was soon blessed with two lovely girls named Barbra and Annie. The family of four would travel down to a place that Doris and Mel bought in Florida. They'd have so much fun swimming, laughing and enjoying themselves. Not only did Doris travel to Florida but she also went to places in Europe, down South and her favourite, England. She developed a very big passion for England and all the stories it has to tell. "It is such a beautiful place! You would never believe it!" she says.



Another big passion for Doris is children. She loves kids of all ages and says that teenagers deserve lots of love. Doris says that kids should be loved from the day they walk. "If your children can make you proud, that is the biggest accomplishment!". She is most proud of her very own family. Both Barbra and Annie are teachers and have children of their own.

Nowadays Doris and Mel spend their days at Orchard View by the Mississippi with 12 o'clock jokes that cause them to laugh non-stop, Zumba classes, entertainment, Happy Hour and more. Mel loves impersonating people and doing accents for Doris and she lights up whenever he walks into the room. Doris says that Orchard View by the Mississippi is filled with wonderful staff she can call family. She's glad that she and Mel can call Orchard View by the Mississippi their home.



Moments that Matter from Residents at OVM: Remember When

Murgatroyd, remember that word? Would you believe the email spell checker did not recognize the word Murgatroyd? Heavens to Murgatroyd! Lost word from our childhood: Words gone as fast as the buggy whip! Sad really!

The other day a not so elderly lady said something to her son about driving a Jalopy and he looked at her quizzically and said, "What the heck is a Jalopy?" OMG (new phrase!) He never heard of the word jalopy! She knew she was old...but not that old. I hope you're Hunky Dory after you read this and chuckle.

About a month ago, I illuminated some old expressions that have become obsolete because of the inexorable march of technology. These phrases included "don't touch that dial", "carbon copy", "you sound like a broken record" and "hung out to dry." Back in the olden days we had a lot of 'moxie'. We'd put on our best 'bib and tucker' to 'straighten up and fly right'. Heavens to Besty! Gee whillikers! Jumping Jehoshaphat! Holy moley! We were "in like Flynn" and "living the life of Riley". Even a regular guy couldn't accuse us of being a knucklehead, a nincompoop or a pill. Not for all the tea in China.

Back in the older days, life used to be swell, but when's the last time anything was swell? Swell has gone the way of beehives, pageboys and D.A...of spats, knickers, fedoras, poodle skirts, saddles shoes, penny loafers, and pedal pushers...AND DON'T FORGET...saddle stitched pants. Oh, my aching back! Kilroy was here, but he isn't anymore.

We wake up from what surely has been just a short nap and before we can say "well I'll be a monkey's uncle!" or "this is fine kettle fish!" We discover that the words we grew up with, the words that seemed omnipresent as oxygen, have vanished with scarcely a notice from our tongues and our pens and our keyboards. Poof go the words of our youth, the words we've left behind. We blink and they're gone. Where have all those great phrases gone?

Long gone: Pshaw, the milkman did it! Hey! It's your nickel! Don't forget to pull the chain. Knee high to a grasshopper. Well Fiddlesticks! Going like sixty. I'll see you in the funny papers. Don't take any wooden nickels. Wake up and smell the roses. It turns out there are more of these lost words and expressions than Carter has liver pills. This can be disturbing stuff! ("Carter's Little Liver Pills" are gone too!)

We of a certain age have been blessed to live in changeable times. For a child, each new word is like a shiny toy that has no age. We at the other end of the chronological arc have the advantage of remembering there are words that once existed...and there were words that once strutted their hour upon the earthly stage and now are heard no more except in our collective memory.. It's one of the greatest advantages of aging. Leaves us to wonder where Superman will find a phone booth. See ya later, alligator! Okidoki.

WE ARE THE CHILDREN OF THE PAST TIMES. NO ONE WILL EVER HAVE THAT OPPORTUNITY AGAIN. WE RETAIN ONE OF OUR MOST PRECIOUS GIFTS, MEMORIES... we hope!

Keep on Smiling





Employee of the Month - Flo Wyman

A big Congratulations to Flo on being awarded Employee of the Month!! Flo is a staple in our Reception team. She is very knowledgeable always able and willing to help, can handle anything that comes her way. Flo has done so many great things for OVM and we hope she knows how valued she is!

Testimonial - Helen Provost

Moving from my home was one of the most difficult things I've done. I've come to a place where people are so kind to me that I can't put it into words. From the young ladies at reception, to Julie, to Rosie & Kara in the dining room all the way to Joe Price, everyone goes out of their way to make me smile. I am content & safe in My New Home.

Introducing The Towns by Orchard View by the Mississippi

We are all very excited that construction has started on the soon to be available 32 new homes for Independent Seniors in the Almonte area.

Each Town Home will be 1,500sq. ft. have a garage, kitchen, 1 1/2 bath, bedroom & den, laundry, indoor & outdoor living space and more!



Mills Community Support:

Monthly Trips to Carleton Place!

The Mills Community Support Group will be having monthly shopping trips to Walmart, Giant Tiger and Freshco in Carleton Place. Mills Community Support offers at home pick up with accessible buses. Should you be interested in registering please call the home support office at 613-256-4700.

A small fee is charged to cover the cost of the busing. This is invoiced monthly.



Special Activities / Events

Oktoberfest

Men's Shed

Trick or Treat Halloween Special



Musical

Entertainment

October 5th Lauren Hall

October 19th Down Memory Lane

Residents in Action

Ladies Euchre with Judy

Chat with Pat

Bingo with Joanna

Orchard View Chorus with Barb A.

Ladies Euchre with Judy

Open Art with Audrey

Cribbage with Barb C.

Amenities & Services

24-Hour Nursing Staff

Chapel Services

Wellness Centre—

Physiotherapy

Emergency Response

System

Foot Care Nurse

Full Service Dining Room

Hearing Aid Clinic

Hair Salon

Library

House Physician

Snack and Beverage

Bistro

Wheelchair Accessible

Bus

Pool & Shuffleboard

Table

Bus Trips and Shopping

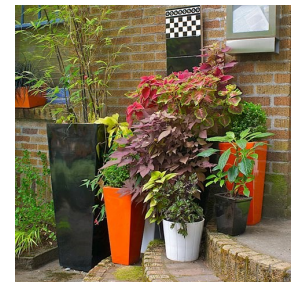
Trips

Tuck Shop



Fly Trap DIY: Plan Ahead:

If your house plants have spent the summer outside, there is a good chance they've picked up a few unwanted bugs. To get rid of them, place one mothball in the soil of each pot about one month before you bring your plant back inside for the winter.



Regular Activities

Mind

Cribbage

Game of Euchre & Bridge

TED Talks

Chat with Pat

Puzzle Corner

Trivia Tuesday

Bingo

Indoor Gardens

Body

Fitness Classes

Soul

Movie Nights

Entertainment with

Joe Princiotta

Walking Club

Game of Darts

Orchard View Chorus

Religious Services

Chair Yoga

Game of Pool

Zumba

Thanksgiving at OVM

Monday October 8th at 11:00am or 1:00pm

Enjoy a home cooked meal without any of the work. Our staff would be delighted to have residents and their families come for a festive Thanksgiving meal fixed with all the trimmings. Please sign up at reception to reserve your place. \$31.00 for guests



School of Support

All presentations will be at 7:00pm in the Theatre

October 11th ~ Legacy Planning

November 8th ~ Pain Management

Please let Julie know that you are coming at

ovmmarketing@ovlc.com or

give her a call 613-963-5000