

Up Coming Events

NOVEMBER 9TH: REMEMBRANCE DAY CEREMONY

WITH ALMONTE LEGION

NOVEMBER 20TH: CELEBRATION OF LIFE –

HONOURING OUR OVM RESIDENTS

NOVEMBER 18TH HUB HOSPICE FASHION SHOW

DECEMBER: 25 DAYS OF CHRISTMAS

DECEMBER 31ST: NEW YEARS EVE PARTY

School of Support

Presentations will be at 7:00pm in the Theatre

November 8th ~ Pain Management

November 29th ~ Seniors Take Charge with

OPP Constable Greg Strang

Please let Julie know that you are coming at

ovmmarketing@ovlc.com or

give her a call 613-963-5000

Orchard View
BY THE MISSISSIPPI
ALMONTE

The Monthly Review

November, 2018



219 Paterson Street

Almonte, Ontario, K0A 1A0

613-963-5000

www.orchardviewmississippi.ca –



/orchardviewmississippi

OVM Veterans

Today and everyday we thank these men and women



Name: Roy Gelineau

Service: Canadian Army

3 Years



Name: Pat Stratford

Service: Women's Land Army

3 1/2 Years



Name: Ralph Stratford

Service: Royal Airforce

Station Engineer 7 Years



Name: Bob Sutcliffe

Service: Royal Canadian Army 3 Years



Name: Mel Lavergne

Service: Canadian Army (RCME) 4 Years



Name: Don Stewart

Service: Airforce 36 Years



Name: Keith Stanley

Service: Canadian Army Brockville Rifles 5 Years



Name: Dan Cybulski

Service: Canadian Air Force



Name: Jim Scrimgeour

Service: Royal Canadian Navy Chief Petty Officer 19 Years

Special Activities / Events

Celebration of Life: Honouring OVM Residents

Remembrance Day with the Almonte Legion

Musical Entertainment

Nov 2 Lauren Hall

Nov 16 Barrhaven Fiddlers

Residents in Action

Ladies Euchre with Judy

Chat with Pat

Bingo with Joanna

Orchard View Chorus with Barb

Ladies Euchre with Judy



Amenities & Services

24-Hour Nursing Staff

Chapel Services

Wellness Centre—

Physiotherapy

Emergency Response

System

Foot Care Nurse

Full Service Dining Room

Hearing Aid Clinic

Hair Salon

Library

House Physician

Snack and Beverage

Bistro

Wheelchair Accessible

Bus

Pool & Shuffleboard

Table

Bus Trips and Shopping

Trips

Tuck Shop



Volunteers are always appreciated...

Do you enjoy giving back to the community? Do you want to feel invested in the lives of others? Do you enjoy making a difference in the lives of Seniors? Become a volunteer at Orchard View by the Mississippi! We are looking for fun and motivated community members to help with a French Chat Group, Trivia Games, Memory Living Activities, Baking, and much more!

Contact Michael Rowland at ovmrecreation@ovlc.com OR 613-963-5000

Regular Activities

Mind

Game of Euchre & Bridge

Puzzle Corner

Bingo

Cribbage

Body

Fitness Classes

Walking Club

Game of Darts

Game of Pool

Gardening

Zumba

Soul

Movie Nights

Entertainment with

Joe Princiotta

Orchard View Chorus

Religious Services

Chair Yoga

Employee of the Month - Lisa Ingraham

Lisa has been a staple part of our team since OVM opened the doors just over two years ago. She is extremely resident focused, Loves to joke around, can handle just about any situation she is faced with and comes back everyday to work with a smile on her face. She is very passionate about being a nurse, but more than that making lives better beyond just the medical aspect. A big thank you to Lisa for all her hard work.

Testimonial - Ursula Beddoes

Thank you to you, to Joe, and to all the hard working OVM staff for the two wonderful events you hosted on Friday and Sunday.

The opportunity to view townhouse number one was enormously helpful to visualize ourselves in our new home, and to understand how to downsize over the next month. We enjoyed meeting our new neighbours and it was a particularly treat to discover that our swimming buddy, Erica and her husband will also be neighbours !!

I had a blast at the Vendemmia on Sunday! (and Ralf watched on Facebook!) The atmosphere and hospitality were outstanding! It must have been such a lot of work, and yet everyone helping at the event was in good spirits and generous.

Physiotherapy at OVM

Profile: Tanya Branch, Registered Physiotherapist

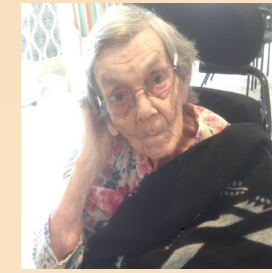
Tanya was raised in Bathurst, New Brunswick and completed her physiotherapist training at Queen's University in 2006. She has taken a number of post-graduate courses in manual therapy, taping, cupping, acupuncture and dry needling that have enhance her skill in treating a wide range of musculoskeletal conditions including ligament sprains, muscle strains, spinal pain, and arthritis. She is skilled in concussion management and is currently working on her certification in Professional Yoga Therapy.

Tanya has been providing private physiotherapy services at Orchard View since 2017, and she has thoroughly enjoyed working with the residents. She is available by appointment at the Orchard View satellite of AGH Physiotherapy & Rehabilitation Clinic on Monday and/or Wednesday afternoons: 613-256-1965.

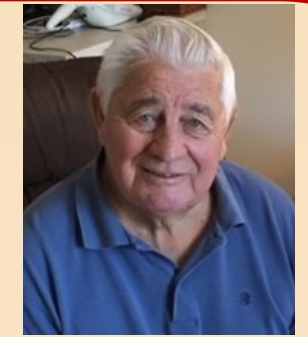
Tanya enjoys numerous activities including kayaking, biking, hiking, downhill skiing, yoga, running and gardening. She lives in Almonte with her husband and two children.



Name: James Walker
Service: Canadian Army
1 Year



Name: Doris Ward
Service: Royal Women's
Airforce 3 Years



Name: Dave Cummings
Service: Royal Canadian Air
Force/Captain 25 Years



Name: Glenn Johnston
Service: Canadian Army
5GT 29 Years



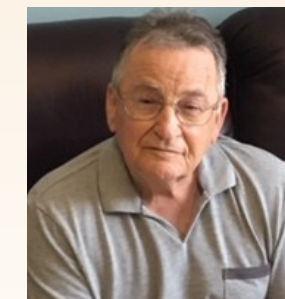
Name: Willis Gourlay
Service: Royal Canadian Air Force
RAF 3 1/2 Years



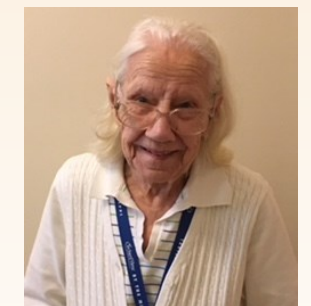
Name: Reg Richardson
Service: Canadian Army
25 years



Name: Joanna Andrews-Gillies
Service: Canadian Army 25
Years



Name: Ray Grant
Service: Royal Canadian Air
Force/Chief Warrant Officer
30 Years



Name: Freda Dewitt
Service: British Army -
Sargent: Officer Pay and
Allowance 6 Years



Name: Louis Beaudoin
Service: RCAF Canadian
Armed Forces 32 Years

To our Veterans who we lost
this year:
Irwin Smith, Don Dutton, Beryl
Mortimer, Ken Thorneycroft.

Keep on Smiling



Van Demmia!

Thank you to all our grape stompers. Come back and taste the fruits of your labour at our St. Patty's Day Open House next March!



OVM Residents Fashion Shows! For OVM clothing line please see

<https://squareup.com/store/orchard-view-by-the-mississippi>

Thank you Smart Care Clothing for coming in as well.

