

*Happy  
Canada  
Day*

*219 Paterson Street*

*Almonte, Ontario, K0A 1A0*

*613-963-5000*

[www.orchardviewmississippi.ca](http://www.orchardviewmississippi.ca) –



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## Canada Word Scramble

OMOES

WATOAT

IERSAPR

YHRITOS

AFLG

EAERVB

YFRLNEDI

BAAERTL

## Do you know your Canadian Trivia??

1. HOW MANY POINTS DOES THE MAPLE LEAF ON THE FLAG HAVE?
2. WHAT IS CANADA'S OLDEST CITY?
3. WHAT IS THE MOST PURCHASED GROCERY ITEM IN CANADA?
4. WHERE IS CANADA'S MOST VISITED NATIONAL HISTORIC SITE?
5. HOW MANY TIME ZONES DOES CANADA HAVE?
6. CANADA IS THE LARGEST EXPORTER OF WHAT SWEET LITTLE FRUIT?
7. WHICH PROVINCE IS HOME TO CANADA'S TALLEST MOUNTAIN?
8. 80% OF THE WORLD'S SUPPLY OF WHAT COMES FROM CANADA?

Answers:

1. 11 points on a leaf
2. Est in 1497 St. Johns, Newfoundland
3. Kraft Macaroni and Cheese
4. Halifax Citadel National Historic Site—Military Fortification
5. We have 6 time zones
6. Blueberries
7. Mount Logan in the Yukon
8. Maple Syrup!

## Do you Speak Canadian?

The bush.....The woods

Darts.....Cigarettes

Double—double.....coffee with two cream  
two sugar

clicks.....kilometers

Eh?..... To question someone to con-  
firm acknowledgement

Tool..... an idiot or someone who is useless

Two-four..... a case of 24 beers

Hydro.....electricity, not water

Peameal/back bacon.....Canadian Bacon

Newfie.....Someone from New-  
foundland

Out for a rip.....a recreational ride/  
drive

Puck bunny..... Hockey fan focused on  
the players not the game

Street meat..... Hotdogs purchased  
from street vendors

## Find a friend who has....

This game is intended to find someone who relates to the below comments.  
Ask your friends, neighbours, family to complete the boards.

Someone who has  
never skated on ice or  
the canal before

\_\_\_\_\_

Has been to France  
and seen Vimy Ridge

\_\_\_\_\_

Has said sorry but  
didn't actually do any-  
thing wrong

\_\_\_\_\_

Someone who can sing  
a Joe Mufferaw song

\_\_\_\_\_

Has been to see the  
Giant Nickle

\_\_\_\_\_

Gone canoeing in ice  
cold water

\_\_\_\_\_

Has driven across  
Canada as a road trip

\_\_\_\_\_

Has **not** been a snow  
bird

\_\_\_\_\_

Has gotten down and  
dirty at the Calgary  
Stampede

\_\_\_\_\_

Has had dinner with a  
Prime Minister

\_\_\_\_\_

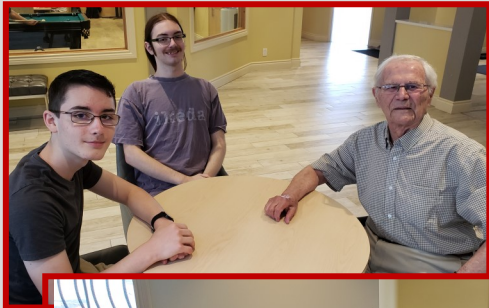
Has fed deer in their  
yard but not to hunt  
them

\_\_\_\_\_

Buys Christmas Gifts  
from Canadian Tire

\_\_\_\_\_

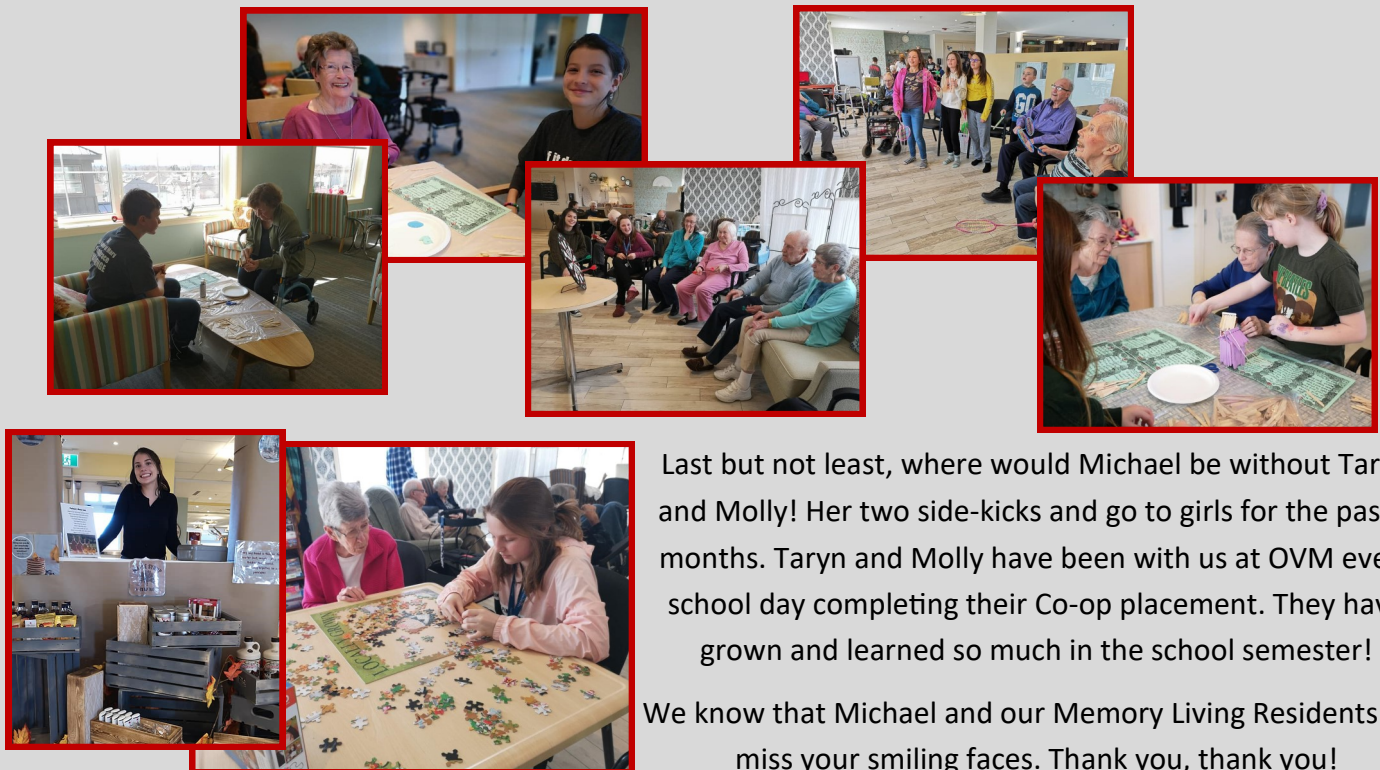
# Keep on Smiling





As the School year ends so does a few community activities we have with our local schools. A big thank you to the Grade 10 civics class at Almonte District High School. The students meet there teacher, Christy Wilson right on time to walk over every week to visit with our residents

We also want to thank the “KIS” Kids Interacting with Seniors group from Holy Name of Mary Catholic School for bringing their creativity and positivity once a month to do special projects and games with our residents on the 3rd floor and throughout our Memory Living program. The residents look forward to next school year when we can start it all over again!



Last but not least, where would Michael be without Taryn and Molly! Her two side-kicks and go to girls for the past 6 months. Taryn and Molly have been with us at OVM every school day completing their Co-op placement. They have grown and learned so much in the school semester!

We know that Michael and our Memory Living Residents will miss your smiling faces. Thank you, thank you!

## Employee of the Month - David McKay

Congratulations to David McKay on being this month's employee of the month! David has been working in the kitchen for over a year now and has the most uplifting and perky attitude any staff member has. He is always willing to help even in a jam, his smile is contagious and he walks with pep in his step. A big thank you to David for all his hard work and dedication. We are thrilled to have you a part of the OVM family!

## Testimonial - Laird Eddy

After 25 years of living in our own home Diane & I were just a touch apprehensive about moving to Orchard View by the Mississippi. We loved the new townhouses & were looking forward to making a change but we knew we would miss our friends & neighbours.

After moving in, we discovered that making new friends here was easy. The people around us were friendly & welcoming. The staff went out of their way to make us feel at home. Very quickly we knew that we had made the right move. Our new home is comfortable & the view out our window is spectacular. Every day we feel like we are on vacation - a vacation that does not have to end. We are glad to be a part of this wonderful community!

## September is Children's Cancer Awareness Month

Unfortunately too many children are faced with a life of cancer. Our very own Edwina and Keith Eddy lost a child to cancer. Edwina, in life, has created this foundation to support the children and families faced with a life of cancer.

Donate to the cause with a donation or purchase a ticket to the event!

More details on the back page.



### Special Activities / Events

Canada Day Olympics  
 Trip to the Fire Hall  
 Trip to the RCMP Stables  
 Strawberry Social  
 Staff Appreciation BBQ  
 Intergenerational Programming with Almonte Day Care and the Mississippi Mills Youth Centre



### Musical Entertainment

July 7th Gospel Concert  
 July 12th Arlene Quinn  
 July 26th Crature



### Residents in Action

Chat with Pat  
 Bingo with Joanna and Friends  
 Open Art with Audrey  
 OVM Chorus with Barbara  
 Four Hand Euchre with Terry

### Regular Activities

#### Mind

Game of Euchre & Bridge  
 Puzzle Corner  
 Bingo  
 Memory Fitness

#### Body

Fitness Classes  
 Walking Club  
 Game of Pool  
 Zumba

#### Soul

Movie Nights  
 Orchard View Chorus  
 Entertainment  
 Religious Services  
 Gardening  
 Joe Princiotta



### Amenities & Services

24-Hour Nursing Staff	Library
Chapel Services	House Physician
Wellness Centre— Physiotherapy	Snack and Beverage Bistro
Emergency Response System	Wheelchair Accessible Bus
Foot Care Nurse	Pool & Shuffleboard Table
Full Service Dining Room	Bus Trips and Shopping Trips
Hearing Aid Clinic	Tuck Shop
Hair Salon and Esthetician	Outdoor Raised Flower Gardens
Massage Therapist	Duck Pond, Atrium Pond and Donkey Pen with assorted additional animals

### JoJo's Did You Know?

The first Canadian postage stamp was issued in 1851 and bore a picture of a Beaver as its main motif. Our familiar maple leaf appeared on a stamp in 1897.





# BLACK TIE *Bingo*

Orchard View is thrilled to bring this event to light!

Saturday September 21st ~ 6:30 walk the red carpet 7:00pm games will begin.

Tickets are \$5 to enter ~ cards to play are \$1 each with a total of 10 games to play. Cash bar will be open

*In Support of*



**CHILDHOOD  
CANCER CANADA**  
FOUNDATION