

October, 2019



219 Paterson Street

Almonte, Ontario, K0A 1A0

613-963-5000

www.orchardviewmississippi.ca –



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Resident of the Month: Louis Beaudoin

When I first met Lou, he made quite the impression on me. He was humorous and light hearted, and we quickly dubbed him the class clown of the Fitness Class. Lou described himself as an ordinary man with no story to tell, but as I got to know Lou more, I found he was anything but.

After school years, Lou became a mechanic for the Airforce (RCAF, currently Canadian Armed Forces). Lou helped in many missions including out of one base that provided aid to Tokyo. Lou retired from the Airforce in 1978. After that Lou worked at CHEO children's hospital for 10 years in security but doing jobs in fire safety as well.



Lou married his beautiful wife Janet in 1952. They had three children together Gerry, Sandy, and Lisann. Janet was an American citizen so they spent time on both sides of the border before eventually settling in Almonte.

Lou and Janet had a very loving relationship. They enjoyed working on models together. And they enjoyed gardening. Lou and Janet had a close relationship with their children, especially their daughter Lisann.

Lisann was a talented artist who painted beautiful miniature paintings. This hobby she shared with her mother Janet who made miniature model homes (for which Janet won many prizes) Two years ago, Lisann died at the young age of 57 from breast cancer. Janet was an avid quilter and when Janet passed away only a year and a half ago her friends finished one of her quilts. They sold the quilt for \$1,500 all proceeds went to the Cancer Society on behalf of both Janet and Lisann.

In his younger years Lou enjoyed fishing, and golfing. Lou was a member of the Pakenham Golf Club. Lou has fond memories of flying in a bush plane with friends looking for lakes to fish in.

Lou eventually found a new way to embrace his hobbies. He began making radio-controlled model airplanes and boats. Lou began racing his boats and continues to meet with the model sailboat club in Ottawa.

It is very clear that Lou and Janet were good persons who enjoyed helping people. Lou has always found a way to make the best of any situation in his life. This is why I find Lou extraordinary. When he retired, he gave his time to the children's hospital. When he could no longer golf, or fly he started making models of planes and boats. When he lost loved ones, he grieved and spread awareness. Lou continues to be positive, to laugh, and to make others laugh. I'm grateful for the opportunity to know Lou's story. His perseverance is joyfully inspiring. We are so glad to have him as the class clown in the Orchard View community.

CANADA'S BOOKS OF REMEMBRANCE

**A Short History of Canada's Books of Remembrance and The Making of
the Seventh Book of Remembrance - In the Service of Canada**

with Nancy Ellis

Wednesday, November, 7th 2019

1:30 – 3:00pm in the Theatre at

Orchard View by the Mississippi

219 Paterson Street Almonte ON

**Brought to you by: Mississippi Mills Public Library
in partnership with Orchard View on the Mississippi**



RSVP with Michael at 613.963.5000 or ovmrecreation@ovlc.com

Keep on Smiling





**That's a wrap on
summer...
Until next year**

Employee of the Month - Tracy Moffatt

Tracy has been with OVM for close to a year now and has made a huge impact in the Dietary Department. She is extremely kind and giving to the residents. She takes the time to get to know every resident's likes and dislikes. She enjoys coming to work just as much as the residents enjoy seeing her. Congratulations Tracy on being named October's Employee of the month!

Testimonial - Resident

I very much enjoyed the Seniors' Expo that CareBridge puts on. One thing I realized as I was walking around, talking with other Retirement Homes, is that we have it pretty good at Orchard View. They take care of us very well and respond to us when we have suggestions. We work together to make it our Home. I wouldn't want to live anywhere else!

Looking to fill your days...?

Do you want to help in your Community? **Become a volunteer!**

We are looking for volunteers to help with day and evening activities including; Bingo, Trivia, Short Stories, French conversation, Cards and Tea Socials.

If you are interested in helping with any of these activities, or have something you are interested in please contact our Recreation Director, Michael Morin, at ovmrecreation@ovlc.com or 613.963.5000 ext 454



Special Activities / Events

Backyard Bonfires
 Pumpkin Decorating
 Thanksgiving Dinner
 Oktoberfest
 Hallo-sing with OVM Corus

Musical Entertainment

October 11th Bob S.
 October 16th Kaz —
 Oktoberfest
 October 25th Arlene Quinn



Residents in Action

Chat with Pat
 Bingo with Joanna and
 Friends
 Open Art with Audrey
 OVM Chorus with Barbara
 Four Hand Euchre with
 Terry

Regular Activities

Mind

Game of Euchre & Bridge
 Puzzle Corner
 Bingo
 Memory Fitness

Body

Fitness Classes
 Walking Club
 Game of Pool
 Zumba

Soul

Movie Nights
 Orchard View Chorus
 Entertainment
 Religious Services
 Gardening
 Joe Princiotta



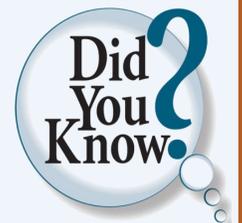
Amenities & Services

24-Hour Nursing Staff
 Chapel Services
 Wellness Centre—
 Physiotherapy
 Emergency Response
 System
 Foot Care Nurse
 Full Service Dining Room
 Hearing Aid Clinic
 Hair Salon and Esthetician
 Massage Therapist
 Library
 House Physician
 Snack and Beverage Bistro

Wheelchair
 Accessible Bus
 Pool & Shuffleboard
 Table
 Bus Trips and Shop-
 ping Trips
 Tuck Shop
 Outdoor Raised
 Flower Gardens
 Duck Pond, Atrium
 Pond and Donkey Pen
 with assorted
 additional animals

JoJo's Did You Know?

To make sure your Christmas Cactus blooms in December, put 2 tablespoons of castor oil around the roots in October. Works like magic!



Each King in deck of playing cards represents a great King in history:

- Spades - King David
- Hearts - Charlemagne
- CLoubs - Alexander the Great
- Diamonds - Julius Caesar



School of Support

Probate – What is it?

Tuesday Sept 24th 7:00–8:30pm

Mental Illness – Understand the early signs &
the importance of medications

Friday Oct 25th 2:00–3:30pm

Medical Cannabis – What is it all about?

Tuesday Nov 13th 7:00–8:30pm

All Presentations are held in the Theatre