

# March 2020 Activities Calendar



Spring is definitely in the air. Its been a long winter and the warmer temperatures are definitely teasing us for what is just around the corner. Sunday, March 8th , 2018, **we turn our clocks forward as the days and the sunlight will get longer.**

Please continue to be diligent in hand washing as flu season is still surrounding us. If you feel ill, please inform Nursing immediately and avoid contact with other residents. If we work hard at it together we will get through it in no time at all.

We are very excited to be hosting our 4th annual St Patrick's Day Party on Sunday March 15<sup>th</sup>. This will be for Residents and their family members, we will also be inviting the community in to see your home and show them all how proud we are to have you here with us. Live entertainment, dancing, snacks and beverages and if you're lucky a leprechaun or two and maybe a pot of gold!!!!

We strive to exceed your expectations, and your feedback is always welcome. Please stop in and say hi, my door is always open.

I hope your March is as rich as gold and as bright as a rainbow.  
 As always, my door is always open and I love my daily chats with all of you.  
 Joe P.



**Garden Plots**  
 Should you wish to have a garden plot or if you no longer wish to maintain your garden plot please speak with Michael. We do have open plots as of right now.  
 Resident signs will be given out in May.

**St. Patty's Day at OVM**  
 Our very own Chorus will be performing on March 17th at 3:30pm in the Atrium  
 With special performance by Lou and Shelly

**Outings and Shopping Trips:**  
 March 13th Lunch At Thruway  
 March 20th Shopping to Hazeldean Mall  
 March 27th Giant Tiger Arnprior

**Beat the Winter Blues**  
 If you thought after the 25 Days of Christmas that things would be boring and dole in the winter... Think again! Here are some activities we will have to Beat the Winter Blues!  
 Beaver Tails  
 Mini Putt  
 Cupcake Decorating with Karen

**Year Books**  
 Orders must be in by March 11th to Reception  
 From there all orders will be sent off to the print shop to have it professionally done.  
 All monies must be given to Reception by this date as well.







# Orchard View by the Mississippi Activities for March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">March 1</p> <p>10:00 Catholic Communion followed by the Rosary (CH) 2:00 Co-Ed Euchre (2nd FLL) 3:00 Country Classic Hour (TH) 4:30 Sit and Be Fit (TH) 7:00 Virgin River S1:E3 &amp; 4 (TH)</p>	<p style="text-align: center;">March 2</p> <p>10:00 Fitness Class (WC) 10:45 OVM Chorus Practice (3rd FLL) 10:45 Anne's Fitness Class (WC) 2:00 Ladies Euchre (MPR) 2:30 Fine Music Monday (TH) 3:30 Milkshake Mondays: Chocolate (B) 4:00 Chair Yoga (TH) 4:00 Ukaladies Practice (WC) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p>	<p style="text-align: center;">March 3</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:30 Walking Club with Dianne (2nd FLL) 10:00 French Conversation with Maureen (3rd FLL) 10:00 Fit 45 with Michael (WC) 11:00 United Church Service (CH) 11:00 Joe on the Piano (A) 1:00 Almonte Wood Carving (WC) 2:00 Game of Bridge (2nd FLL) 3:00 Pool for Beginners (MPR) 3:30 My Cup of Tea Social (B) 4:00 Ukes of Almonte Practice (WC) 7:00 Games Night (3rd FLL)</p>	<p style="text-align: center;">March 4</p> <p>10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:45 OVM Chorus Practice (3rd FLL) 10:45 Anne's Fitness Class (WC) 11:30 Fitness Class (3rd FLL) 3:00 Hot Wax Hand Therapy Treatment (3rd FLL) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:00 Four Hand Euchre with Terry (MPR) 7:00 Six Hand Euchre (WC/\$) 7:15 Movie Night (TH)</p>	<p style="text-align: center;">March 5</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:00-11:00 Open Art with Audrey (3rd FLL) 9:30 Walking Club with Dianne (2nd FLL) 10:00 Fit 45 with Michael (WC) 10:00-11:30 Weight and Blood Pressure Clinic (3rd FNS) 10:15 Mystery Drive (O) 2:00 Co-Ed Euchre (2nd FLL) 3:30 Beat the Winter Blues: Beaver Tails (B) 4:00 Arm Chair Travel: Germany's Romantic Rhine and Rothenburg (TH) 7:00 Bingo with Joanna and Friends (WC)</p>	<p style="text-align: center;">March 6</p> <p>8:30 Almonte District HS Students (A) 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 2:00 Chat with Pat (MPR) 2:00 Tea Time with Michael (3rd FLL) 3:00 Happy Hour Social and Entertainment with Crature (A) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p>	<p style="text-align: center;">March 7</p> <p>10:00 Sit and Be Fit (TH) 11:00 Matinee Movie: (TH) 2:00 Cribbage (3rd FLL) 2:00 E True Hollywood Story Documentaries: Walter Matthau (TH) 4:30 Sit and Be Fit (TH) 7:15 Movie Night with Roy (TH)</p> <p style="color: green; font-size: small;">Don't forget to put your clocks forward 1 hour tonight before bed for Daylight Savings Time!</p>
<p style="text-align: center;">March 8</p> <p>10:00 Catholic Communion followed by the Rosary (CH) 2:00 Co-Ed Euchre (2nd FLL) 3:00 Country Classic Hour (TH) 4:30 Sit and Be Fit (TH) 7:00 Virgin River S1:E5 &amp; 6 (TH)</p> <p style="color: green; font-size: small;">Clocks Spring forward 1 hour today.</p> 	<p style="text-align: center;">March 9</p> <p>10:00 Fitness Class (TH) 10:45 Anne's Fitness Class (WC) 10:45 OVM Chorus Practice (3rd FLL) 2:00 Ladies Euchre (MPR) 2:30 Fine Music Monday (TH) 3:30 Milkshake Mondays: Cherry Vanilla (B) 4:00 Chair Yoga (TH) 4:00 Ukaladies Practice (WC) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p>	<p style="text-align: center;">March 10</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:30 Walking Club with Dianne (2nd FLL) 10:00 French Conversation with Maureen (3rd FLL) 10:00 Fit 45 with Michael (WC) 11:00 Presbyterian Church Service (CH) 11:00 Joe on the Piano (A) 12:00-4:00 Euchre Tournament for Heart and Stroke Foundation (2nd FLL) 1:00 Almonte Wood Carving (WC) 2:00 Game of Bridge (2nd FLL) 3:00 Pool for Beginners (MPR) 3:30 My Cup of Tea Social (B) 4:00 Ukes of Almonte Practice (A) 7:00 Games Night (3rd FLL)</p>	<p style="text-align: center;">March 11</p> <p>10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:45 OVM Chorus Practice (3rd FLL) 10:45 Anne's Fitness Class (WC) 11:30 Fitness Class (3rd FLL) 1:30 Memory Fitness (Wellness Centre) 2:00 Almonte Belles of the Ball Knitting (2nd FLL) 3:00 Hot Wax Hand Therapy Treatment (3rd FLL) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:00 Four Hand Euchre with Terry (MPR) 7:00 Six Hand Euchre (WC/\$) 7:15 Movie Night (TH)</p>	<p style="text-align: center;">March 12</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:00-11:00 Open Art with Audrey (3rd FLL) 9:30 Walking Club with Dianne (2nd FLL) 10:00 Fit 45 with Michael (WC) 10:15 Mystery Drive (O) 2:00 Co-Ed Euchre (2nd FLL) 3:30 Beat the Winter Blues: Cupcake Decorating with Karen from the Kitchen (B) 4:00 Arm Chair Travel: Hidden Secrets of Easter Island (TH) 7:00 Bingo with Joanna and Friends (WC)</p>	<p style="text-align: center;">March 13</p> <p>8:30 Almonte District HS Students (A) 10:00 Fitness Class (TH) 10:00 Tuck Shop Open 11:15 Lunch at Thruway (O/\$) 2:00 Tea Time with Michael (3rd FLL) 2:00 Chat with Pat (MPR) 3:00 Happy Hour Social (A) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p> 	<p style="text-align: center;">March 14</p> <p>10:00 Sit and Be Fit (TH) 11:00 Knit Don't Quit with Vania (2nd FLL) 11:00 Matinee Movie: (TH) 2:00 Cribbage (3rd FLL) 2:00 E True Hollywood Story Documentaries: Carl Perkins (TH) 4:30 Sit and Be Fit (TH) 7:15 Movie Night with Roy (TH)</p>
<p style="text-align: center;">March 15</p> <p>No Catholic Communion 2:00 Co-Ed Euchre (2nd FLL) 2:00-4:00 Saint Patrick's Day Open House with Entertainment by Robin Averil (A/B) 3:00 Country Classic Hour (TH) 4:30 Sit and Be Fit (TH) 7:00 Virgin River S1:E7 &amp; 8 (TH)</p>	<p style="text-align: center;">March 16</p> <p>10:00 Fitness Class (WC) 10:45 OVM Chorus Practice (3rd FLL) 2:00 Ladies Euchre (MPR) 2:30 Fine Music Monday (TH) 3:30 Milkshake Mondays: Shamrock Shake (B) 4:00 Chair Yoga (TH) 4:00 Ukaladies Practice (WC) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p>	<p style="text-align: center;">March 17</p> <p style="color: green; font-size: small;">Happy St. Patty's Day</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:30 Walking Club (2nd FLL) 10:00 French Conversation with Maureen (3rd FLL) 10:00 Fit 45 with Michael (WC) 11:00 Joe on the Piano (A) 1:00 Almonte Wood Carving (WC) 2:00 Game of Bridge (2nd FLL) 3:00 Pool for Beginners (MPR) 3:30 Irish Tea/Coffee with Musical performance by OVM Chorus (B) 4:00 Ukes of Almonte Practice (WC) 7:00 Games Night (3rd FLL)</p>	<p style="text-align: center;">March 18</p> <p>10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:45 OVM Chorus Practice (3rd FLL) 10:45 Anne's Fitness Class (WC) 11:30 Fitness Class (3rd FLL) 2:00 Almonte Belles of the Ball Knitting (2nd FLL) 3:00 Audiology Clinic (WC) 3:00 Hot Wax Hand Therapy Treatment (3rd FLL) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:00 Four Hand Euchre with Terry (MPR) 7:00 Six Hand Euchre (WC/\$) 7:15 Movie Night (TH)</p>	<p style="text-align: center;">March 19</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:00-11:00 Open Art with Audrey (3rd FLL) 9:30 Walking Club with Dianne (2nd FLL) 10:00 Fit 45 with Michael (WC) 10:15 Mystery Drive (O) 2:00 Co-Ed Euchre (2nd FLL) 3:30 Beat the Winter Blues: Mini Putt (A/B) 4:00 Arm Chair Travel: The Maya: The Lost Civilization (TH) 7:00 Bingo with Joanna and Friends (WC)</p> <p style="color: green; font-size: small; text-align: center;">First Day of Spring</p>	<p style="text-align: center;">March 20</p> <p>8:30 Almonte District HS Students (A) 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 11:00 Catholic Mass (CH) 10:15 Shopping Trip to Hazeldean Mall (O/\$) 2:00 Tea Time with Michael (3rd FLL) 2:00 Chat with Pat (MPR) 3:00 Happy Hour Social and Entertainment with Peter B. (A) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p> 	<p style="text-align: center;">March 21</p> <p>10:00 Sit and Be Fit (TH) 11:00 Matinee Movie: (TH) 2:00 Cribbage (3rd FLL) 2:00 E True Hollywood Story Documentaries: The Golden Girls (TH) 4:30 Sit and Be Fit (TH) 7:15 Movie Night with Roy (TH)</p>
<p style="text-align: center;">March 22</p> <p>10:00 Catholic Communion followed by the Rosary (CH) 2:00 Co-Ed Euchre (2nd FLL) 3:00 Country Classic Hour (TH) 4:30 Sit and Be Fit (TH) 7:00 Virgin River S1:E9 &amp; 10 (TH)</p>	<p style="text-align: center;">March 23</p> <p>10:00 Fitness Class (WC) 10:45 Anne's Fitness Class (WC) 10:45 OVM Chorus Practice (3rd FLL) 11:30 Fitness Class (3rd FLL) 2:00 Ladies Euchre (MPR) 2:30 Fine Music Monday (TH) 3:30 Milkshake Mondays: Peanut Butter (B) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p>	<p style="text-align: center;">March 24</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:30 Walking Club with Dianne (2nd FLL) 10:00 French Conversation with Maureen (3rd FLL) 10:00 Fit 45 with Michael (WC) 11:00-2:00 Parklane Jewelry Sale (A) 11:00 Joe on the Piano (A) 1:00 Almonte Wood Carving (WC) 2:00 Game of Bridge (2nd FLL) 3:00 Pool for Beginners (MPR) 3:30 My Cup of Tea Social (B) 4:00 Ukes of Almonte Practice (WC) 7:00 Games Night (3rd FLL) 7:00-9:00 School of Support Presentation: Taxes and Probate (TH)</p>	<p style="text-align: center;">March 25</p> <p>10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:45 OVM Chorus Practice (3rd FLL) 10:45 Anne's Fitness Class (WC) 11:30 Fitness Class (3rd FLL) 1:30 Memory Fitness (Wellness Centre) 2:00 Almonte Belles of the Ball Knitting (2nd FLL) 3:00 Hot Wax Hand Therapy Treatment (3rd FLL) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:00 Four Hand Euchre with Terry (MPR) 7:00 Six Hand Euchre (WC/\$) 7:15 Movie Night (TH)</p>	<p style="text-align: center;">March 26</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:00-11:00 Open Art with Audrey (3rd FLL) 9:30 Walking Club with Dianne (2nd FLL) 10:00 Fit 45 with Michael (WC) 10:15 Mystery Drive (O) 11:00 Town Hall Meeting (MPR) 2:00 Co-Ed Euchre (2nd FLL) 3:00 Beerfest (B) 4:00 Arm Chair Travel: Budapest: The Best of Hungary (TH) 7:00 Bingo with Joanna and Friends (WC)</p>	<p style="text-align: center;">March 27</p> <p>8:30 Almonte District HS Students (A) 10:00 Fitness Class (WC) 10:00 Tuck Shop Open 10:15 Shopping Trip to Giant Tiger Arnprior (O/\$) 2:00 Tea Time with Michael (3rd FLL) 2:00 Special Entertainment with Paul (A) 2:00 Chat with Pat (MPR) 3:00 Happy Hour Social (A) 4:00 Chair Yoga (TH) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p> 	<p style="text-align: center;">March 28</p> <p>10:00 Sit and Be Fit (TH) 11:00 Matinee Movie: (TH) 11:00 Knit Don't Quit with Vania (2nd FLL) 2:00 Cribbage (3rd FLL) 2:00 E True Hollywood Story Documentaries: Jack Lemmon (TH) 4:30 Sit and Be Fit (TH) 7:15 Movie Night with Roy (TH)</p>
<p style="text-align: center;">March 29</p> <p>10:00 Catholic Communion followed by the Rosary (CH) 2:00 Co-Ed Euchre (2nd FLL) 3:00 Country Classic Hour (TH) 4:30 Sit and Be Fit (TH) 7:00 ??? S1:E (TH)</p>	<p style="text-align: center;">March 30</p> <p>10:00 Fitness Class (WC) 10:45 OVM Chorus Practice (3rd FLL) 10:45 Anne's Fitness Class (WC) 2:00 Ladies Euchre (MPR) 2:30 Fine Music Monday (TH) 3:30 Milkshake Mondays: Peach (B) 4:00 Chair Yoga (TH) 4:00 Ukaladies Practice (WC) 4:30 Sit to Stand Yoga (TH) 7:15 Movie Night with Roy (TH)</p>	<p style="text-align: center;">March 31</p> <p>9:00 Walking Club with Dianne (3rd FLL) 9:30 Walking Club with Dianne (2nd FLL) 10:00 French Conversation with Maureen (3rd FLL) 10:00 Fit 45 with Michael (WC) 11:00 Joe on the Piano (A) 1:00 Almonte Wood Carving (WC) 2:00 Game of Bridge (2nd FLL) 3:00 Pool for Beginners (MPR) 3:30 My Cup of Tea Social (B) 4:00 Ukes of Almonte Practice (WC) 7:00 Games Night (3rd FLL)</p>			<p><b>Legend</b> Atrium (A) Library (L) Multi Purpose Room (MPR) Bistro (B) Second Floor (2nd FL) Third Floor (3rd FLL) Kitchen (K) Patio (P) 3rd Floor Nurses Station (3rd FL NS)</p>	<p>Second Floor Lounge (2nd FLL) Dining Room (DR) Salon (SL) Spa (S) Theatre (TH) Chapel (CH) Outing (O) Wellness Centre (WC) Board Room (BR)</p>



# Orchard View by the Mississippi Activities for March 2020 Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March 1</p> <p>10:00 Catholic Communion followed by the Rosary (CH) 6:00 Evening News (3rd FLL)</p>	<p>March 2</p> <p>11:30 Fitness Class (3rd FLL) 2:00 Ladies Euchre (MPR) 3:45 Milkshake Mondays: Chocolate (3rd FLL) 6:00 Evening News (3rd FLL)</p>	<p>March 3</p> <p>9:00 Walking Club with Dianne (3rd FLL) 10:00 French Conversation with Maureen (3rd FLL) 11:00 Joe on the Piano 11:00 United Church Service (Chapel) 1:00 Wood Carvers (W) 2:00 Free Bingo (3rd FLL) 6:00 Evening News (3rd FLL) 7:00 Games Night (3rd FLL)</p>	<p>March 4</p> <p>10:00 Tuck Shop Open 10:00 Wacky Wednesday Mind Puzzles (3rd FLL) 11:30 Fitness Class (3rd FLL) 3:00 Hot Wax Hand Therapy Treatment (3rd FLL) 6:00 Evening News (3rd FLL)</p>	<p>March 5</p> <p>9:00-11:00 Open Art with Audrey (3rd FLL) 9:00 Walking Club with Dianne (3rd FLL) 10:00-11:30 Weight and Blood Pressure Clinic (3rd F NS) 10:15 Mystery Drive (O) 2:15 Chair Badminton (3rd FLL) 3:30 Beat the Winter Blues (Bistro) 6:00 Evening News (3rd FLL) 7:00 Bingo with Joanna (Wellness Centre)</p>	<p>March 6</p> <p>8:30 Almonte District HS Students (A) 11:30 Fitness Class (3rd FLL) 2:00 Tea Time with Michael and Friends (3rd FLL) 3:00 Happy Hour Social and Entertainment with Bill and Wendell (A) 6:00 Evening News (3rd FLL) 7:15 Movie Night with Roy (TH)</p>	<p>March 7</p> <p>10:00 Sit and Be Fit (TH) 11:00 TED Talks (TH) 2:00 Cribbage (3rd FLL) 2:00 E True Hollywood Story Documentaries: Rodney Harvey (TH) 4:30 Sit and Be Fit (TH) 6:00 Evening News (3rd FLL) 7:15 Movie Night with Roy (TH)</p> <p style="color: green; font-size: small;">Don't forget to put your clocks forward 1 hour tonight before bed for Daylight Savings Time!</p>
<p>March 8</p> <p>10:00 Catholic Communion followed by the Rosary (CH) 6:00 Evening News (3rd FLL) <i>Clocks Spring forward 1 hour today.</i></p> 	<p>March 9</p> <p>11:30 Fitness Class (3rd FLL) 2:00 Ladies Euchre (MPR) 3:45 Milkshake Mondays: Cherry Vanilla (3rd FLL) 6:00 Evening News (3rd FLL)</p>	<p>March 10</p> <p>9:00 Walking Club with Dianne (3rd FLL) 10:00 French Conversation with Maureen (3rd FLL) 11:00 Joe on the Piano 11:00 Presbyterian Church Service (CH) 2:00 Free Bingo (3rd FLL) Evening News (3rd FLL) 7:00 Games Night (3rd FLL)</p>	<p>March 11</p> <p>10:00 Tuck Shop Open 10:00 Wacky Wednesday Mind Puzzles (3rd FLL) 11:30 Fitness Class (3rd FLL) 3:00 Hot Wax Hand Therapy Treatment (3rd FLL) 6:00 Evening News (3rd FLL)</p>	<p>March 12</p> <p>9:00-11:00 Open Art with Audrey (3rd FLL) 9:00 Walking Club with Dianne (3rd FLL) 10:15 Mystery Drive (O) 2:15 Chair Badminton (3rd FLL) 3:30 Beat the Winter Blues (Bistro) 6:00 Evening News (3rd FLL) 7:00 Bingo with Joanna (Wellness Centre)</p>	<p>March 13</p> <p>NO CATHOLIC MASS 11:30 Fitness Class (3rd FLL) 2:00 Tea Time with Michael and Friends (3rd FLL) 3:00 Happy Hour Social (A) 6:00 Evening News (3rd FLL) 7:15 Movie Night with Roy (TH)</p>	<p>March 14</p> <p>10:00 Sit and Be Fit (TH) 11:00 TED Talks (TH) 2:00 Cribbage (3rd FLL) 2:00 E True Hollywood Story Documentaries: Bo Derek (TH) 4:30 Sit and Be Fit (TH) 6:00 Evening News (3rd FLL) 7:15 Movie Night with Roy (TH)</p>
<p>March 15</p> <p>No Catholic Communion 2:00 Co-Ed Euchre (2nd FLL) 2:00-4:00 Saint Patrick's Day Open House with Entertainment by Robin Averil (A/B) 6:00 Evening News (3rd FLL)</p>	<p>March 16</p> <p>11:30 Fitness Class (3rd FLL) 2:00 Ladies Euchre (MPR) 3:45 Milkshake Mondays: Shamrock Shake (3rd FLL) 6:00 Evening News (3rd FLL)</p>	<p>March 17</p> <p>9:00 Walking Club with Dianne (3rd FLL) 10:00 French Conversation with Maureen (3rd FLL) 11:00 Joe on the Piano 2:00 Free Bingo (3rd FLL) 3:30 Irish Tea/Coffee with Musical Performance by the OVM Chorus (A) 6:00 Evening News (3rd FLL)</p>	<p>March 18</p> <p>10:00 Tuck Shop Open 10:00 Wacky Wednesday Mind Puzzles (3rd FLL) 11:30 Fitness Class (3rd FLL) 3:00 Hot Wax Hand Therapy Treatment (3rd FLL) 6:00 Evening News (3rd FLL)</p>	<p>March 19</p> <p>9:00-11:00 Open Art with Audrey (3rd FLL) 9:00 Walking Club with Dianne (3rd FLL) 2:15 Chair Badminton (3rd FLL) 3:30 Beat the Winter Blues (Bistro) 4:00 Sing Song with Mike (3rd FLL) 6:00 Evening News (3rd FLL) 7:00 Bingo with Joanna (Wellness Centre)</p>	<p>March 20</p> <p>11:30 Fitness Class (3rd FLL) 2:00 Tea Time with Michael and Friends (3rd FLL) 3:00 Happy Hour Social and Entertainment with Arlene Quinn (B) RESIDENT BIRTHDAY PARTY! 6:00 Evening News (3rd FLL) 7:15 Movie Night with Roy (TH)</p>	<p>March 21</p> <p>10:00 Sit and Be Fit (TH) 11:00 TED Talks (TH) 2:00 Cribbage (3rd FLL) 2:00 E True Hollywood Story Documentaries: Marlon Brando (TH) 4:30 Sit and Be Fit (TH) 6:00 Evening News (3rd FLL) 7:15 Movie Night with Roy (TH)</p>
<p>March 22</p> <p>10:00 Catholic Communion followed by the Rosary (CH) Evening News (3rd FLL)</p>	<p>March 23</p> <p>11:30 Fitness Class (3rd FLL) 2:00 Ladies Euchre (MPR) 3:45 Milkshake Mondays: Peanut Butter (3rd FLL) 4:30 Sit to Stand Yoga (TH) 6:00 Evening News (3rd FLL)</p>	<p>March 24</p> <p>9:00 Walking Club with Dianne (3rd FLL) 10:00 French Conversation with Maureen (3rd FLL) 11:00 Joe on the Piano 2:00 Free Bingo (3rd FLL) 6:00 Evening News (3rd FLL) 7:00 Games Night (3rd FLL)</p>	<p>March 25</p> <p>10:00 Tuck Shop Open 10:00 Wacky Wednesday Mind Puzzles (3rd FLL) 11:30 Fitness Class (3rd FLL) 3:00 Hot Wax Hand Therapy Treatment (3rd FLL) 6:00 Evening News (3rd FLL)</p>	<p>March 26</p> <p>9:00-11:00 Open Art with Audrey (3rd FLL) 9:00 Walking Club with Dianne (3rd FLL) 1:30 Holy Name of Mary Students Visit (3rd FLL) 2:15 Chair Badminton (3rd FLL) 3:30 Beat the Winter Blues (Bistro) 4:00 Sing Song with Mike (3rd FLL) 6:00 Evening News (3rd FLL)</p>	<p>March 27</p> <p>11:30 Fitness Class (3rd FLL) 2:00 Tea Time with Michael and Friends (3rd FLL) 3:00 Happy Hour Social (B) 6:00 Evening News (3rd FLL) 7:15 Movie Night with Roy (TH)</p>	<p>March 28</p> <p>10:00 Sit and Be Fit (TH) 11:00 TED Talks (TH) 2:00 Cribbage (3rd FLL) 2:00 E True Hollywood Story Documentaries: Dolly Parton (TH) 4:30 Sit and Be Fit (TH) 6:00 Evening News (3rd FLL) 7:15 Movie Night with Roy (TH)</p>
<p>March 29</p> <p>10:00 Catholic Communion followed by the Rosary (CH) Evening News (3rd FLL)</p>	<p>March 30</p> <p>11:30 Fitness Class (3rd FLL) 2:00 Ladies Euchre (MPR) 3:45 Milkshake Mondays: Peach (3rd FLL) 4:30 Sit to Stand Yoga (TH) 6:00 Evening News (3rd FLL)</p>	<p>March 31</p> <p>9:00 Walking Club with Dianne (3rd FLL) 10:00 French Conversation with Maureen (3rd FLL) 11:00 Joe on the Piano 2:00 Free Bingo (3rd FLL) 6:00 Evening News (3rd FLL) 7:00 Games Night (3rd FLL)</p>			<p><b>Legend</b></p> <ul style="list-style-type: none"> <li>Atrium (A)</li> <li>Library (L)</li> <li>Multi Purpose Room (MPR)</li> <li>Bistro (B)</li> <li>Second Floor (2nd FL)</li> <li>Third Floor (3rd FLL)</li> <li>Kitchen (K)</li> <li>Patio (P)</li> <li>3rd Floor Nurses Station (3rd FL NS)</li> </ul>	<p>Second Floor Lounge (2nd FLL) Dining Room (DR) Salon (SL) Spa (S) Theatre (TH) Chapel (CH) Outing (O) Wellness Centre (WC) Board Room (BR)</p>



# Orchard View by the Mississippi Activities for March 2020 Memory Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>Morning Activities:</b> Morning Walk <b>Afternoon Activities:</b> Afternoon Social Categories - Busy Box Ladies Shuffleboard <b>Evening Activities</b> Trivia	2 <b>Morning Activities:</b> Tea and Coffee in the Bistro 10:30 Mystery Drive Fitness Class <b>Afternoon Activities:</b> Milk Shake Monday 3:30 Music with Jimmy L. <b>Evening Activities:</b> Bingo Night	3 <b>Morning Activities:</b> 10:15 Walking Club 11:00 Joe on Piano Social with Dianne - Bread Making <b>Afternoon Activities:</b> Tea Time Tuesdays Crokinole- Painting <b>Evening Activities:</b> Matching Game	4 <b>Morning Activities:</b> 10:15 Chair Badminton with Community Mem- bers 10:45 Fitness Class Categories <b>Afternoon Activities:</b> Afternoon Sing Along - Word Game <b>Evening Activities:</b> Matching Game	5 <b>Morning Activities:</b> 10:15 Walking Club with Dianne <b>Word Games</b> <b>Afternoon Activities:</b> Baking and Stories <b>Evening Activities:</b> Parachute Game - Busy Box	6 <b>Morning Activities:</b> 10:45 Fitness Class - Headline News <b>Afternoon Activities:</b> Happy Hour Social - Trivia Chair Dancing <b>Evening Activities:</b> Craft Corner - Yahtzee	7 <b>Morning Activities:</b> Morning Walk - Baking <b>Afternoon Activities:</b> Afternoon Social - Word Game <b>Evening Activities:</b> 6:00 Movie & Popcorn
8 <b>Morning Activities:</b> Morning Walk <b>Afternoon Activities:</b> Afternoon Social Categories - Busy Box Ladies Shuffleboard <b>Evening Activities</b> Trivia	9 <b>Morning Activities:</b> Tea and Coffee in the Bistro 10:30 Mystery Drive Fitness Class <b>Afternoon Activities:</b> Milk Shake Monday 3:30 Music with Arlene Q.. <b>Evening Activities:</b> Bingo Night	10 <b>Morning Activities:</b> 10:15 Walking Club 11:00 Joe on Piano Social with Dianne - Bread Making <b>Afternoon Activities:</b> Tea Time Tuesdays Crokinole- Painting <b>Evening Activities:</b> Matching Game	11 <b>Morning Activities:</b> 10:15 Chair Badminton with Community Mem- bers 10:45 Fitness Class Categories <b>Afternoon Activities:</b> Afternoon Sing Along - Word Game <b>Evening Activities:</b> Matching Game	12 <b>Morning Activities:</b> 10:15 Walking Club with Dianne <b>Word Games</b> <b>Afternoon Activities:</b> Baking and Stories <b>Evening Activities:</b> Parachute Game - Busy Box	13 <b>Morning Activities:</b> 10:45 Fitness Class - Headline News <b>Afternoon Activities:</b> Happy Hour Social - Trivia Entertainment with Somerset Duo (Main Floor) <b>Evening Activities:</b> Craft Corner - Yahtzee	14 <b>Morning Activities:</b> Volleyball - Puzzle corner <b>Afternoon Activities:</b> Afternoon Social - Word Game <b>Evening Activities:</b> 6:00 Movie & Popcorn
15 <b>Morning Activities:</b> Morning Walk <b>Afternoon Activities:</b> Afternoon Social Categories - Busy Box Ladies Shuffleboard <b>Evening Activities</b> Trivia	16 <b>Morning Activities:</b> Tea and Coffee in the Bistro Fitness Class <b>Afternoon Activities:</b> Milk Shake Monday - 3:30 Music with Mystery Entertainment <b>Evening Activities:</b> Bingo Night	17 <b>Morning Activities:</b> 10:15 Walking Club 11:00 Joe on Piano Social with Dianne - Bread Making <b>3:30 Irish Tea/Coffee social with OVM Chorus Performance (Atrium)</b> <b>Afternoon Activities:</b> Tea Time Tuesdays Crokinole - Painting <b>Evening Activities:</b> Matching Game	18 <b>Morning Activities:</b> 10:15 Chair Badminton with Community Mem- bers 10:45 Fitness Class Categories <b>Afternoon Activities:</b> Afternoon Sing Along - Word Game <b>Evening Activities:</b> Matching Game	19 <b>Morning Activities:</b> 10:15 Walking Club with Dianne <b>Word Games</b> <b>Afternoon Activities:</b> Baking and Stories <b>Evening Activities:</b> Parachute Game - Busy Box	20 <b>Morning Activities:</b> 10:45 Fitness Class - Headline News <b>Afternoon Activities:</b> Happy Hour Social - Trivia Chair Dancing <b>Evening Activities:</b> Craft Corner - Yahtzee	21 <b>Morning Activities:</b> Morning Walk - Baking <b>Afternoon Activities:</b> Afternoon Social - Word Game <b>Evening Activities:</b> 6:00 Movie & Popcorn
22 <b>Morning Activities:</b> Morning Walk <b>Afternoon Activities:</b> Afternoon Social Categories - Busy Box Ladies Shuffleboard <b>Evening Activities</b> Trivia	23 <b>Morning Activities:</b> Tea and Coffee in the Bistro Fitness Class <b>Afternoon Activities:</b> Cribbage Baking - Milk Shake Monday 3:30 Music with Tom V. <b>Evening Activities:</b> Bingo Night	24 <b>Morning Activities:</b> 10:15 Walking Club 11:00 Joe on Piano Social with Dianne - Bread Making <b>Afternoon Activities:</b> Tea Time Tuesdays Crokinole - Painting <b>Evening Activities:</b> Matching Game	25 <b>Morning Activities:</b> 10:15 Chair Badminton with Community Mem- bers 10:45 Fitness Class Categories <b>Afternoon Activities:</b> Afternoon Sing Along - Word Game <b>Evening Activities:</b> Matching Game	26 <b>Morning Activities:</b> 10:15 Walking Club with Dianne <b>Word Games</b> <b>Afternoon Activities:</b> 1:30 Holy Name of Mary Students Visit Baking and Stories <b>Evening Activities:</b> Parachute Game - Busy Box	27 <b>Morning Activities:</b> 10:45 Fitness Class - Headline News <b>Afternoon Activities:</b> Happy Hour Social and Entertainment with Peter B. - Trivia <b>Evening Activities:</b> Craft Corner - Yahtzee	28 <b>Morning Activities:</b> Volleyball - Puzzle corner <b>Afternoon Activities:</b> Afternoon Social - Word Game <b>Evening Activities:</b> 6:00 Movie & Popcorn
29 <b>Morning Activities:</b> Morning Walk <b>Afternoon Activities:</b> Afternoon Social Categories - Busy Box Ladies Shuffleboard <b>Evening Activities</b> Trivia	30 <b>Morning Activities:</b> Tea and Coffee in the Bistro Fitness Class <b>Afternoon Activities:</b> Cribbage Baking - Milk Shake Monday 3:30 Music with Al M. <b>Evening Activities:</b> Bingo Night	31 <b>Morning Activities:</b> 10:15 Walking Club 11:00 Joe on Piano Social with Dianne - Bread Making <b>Afternoon Activities:</b> Tea Time Tuesdays Crokinole - Painting <b>Evening Activities:</b> Matching Game	Our "day in the life" concept provide soft structure that adjusts with the mood of the day. We establish a supportive environment that assists with their challenges and encourages their independence to thrive again, not just exist.			