



What it means to move into Orchard View during a Pandemic like COVID

We are always excited to have new members join our extended family at Orchard View. It is a big transition for the person(s) moving on any day and many things impact the procedures during their arrival. During a pandemic there are many other elements and regulations that impact their first few weeks. Below is outlined what the requirements are based on the different stages of the pandemic in our area.

Non-Alert status

- 1- Your medical profile must arrive prior to your arrival. Medications prescriptions must be sent to OVM 2-3 days prior as a minimum to your arrival, so that the pharmacy can receive, package and send to the nursing staff.
- 2- You must have a COVID test done in your local area. Once you receive your results, you must move in within 24hrs.
- 3- You will self-isolate for 14 days in your suite.
 - a. You are to stay in your suite during this time.
 - b. Your meals and activities will be delivered to you.
 - c. Staff will come by twice daily to take your temperature.
 - d. If you have medical appointments, you may leave for those. You MUST wear a mask, sign in and out, have your temperature taken both times.
 - e. Housekeeping will occur at the end of the specified day for you during quarantine.
 - f. Maintenance requests that are not urgent should wait till after the 14 days.
 - g. Family may come in to visit you periodically to ensure you are adjusting well.
- 4- You will then be tested again for COVID prior to your quarantine being up.
- 5- Once your test results come back negative you will be welcomed to the rest of the home.

Post Quarantine:

- 1- The Marketing Manager will then provide you an orientation tour of the home so that you can familiarize yourself with the location of things as well the timing of activities.
- 2- Your family will be able to come in and visit with you. They must call to book a time and day through reception. We try to accommodate everyone's request therefore, sometimes your request will be declined and other options offered.
- 3- You may go out to do the activities that you enjoy. You must sign in and out as well as past screening.
- 4- Meals will be enjoyed in the dining room.
- 5- You may participate in any and all the activities that are planned.
- 6- Housekeeping services will occur at the normal time of day that is established by your housekeeper.
- 7- You may pick up your mail at reception.
- 8- Staff will come by twice daily to take your temperature.



Alert Status

Pre Move in & Quarantine Timeframe:

- 1- Your medical profile must arrive prior to your arrival. Medications prescriptions must be sent to OVM 2-3 days prior as a minimum to your arrival, so that the pharmacy can receive, package and send to the nursing staff.
- 2- You must have a COVID test done in your local area. Once you receive your results, you must move in within 24hrs.
- 3- You will self-isolate for 14 days in your suite.
 - a. You are to stay in your suite during this time.
 - b. Your meals and activities will be delivered to you.
 - c. If you have medical appointments, you may leave for those. You MUST wear a mask, sign in and out, have your temperature taken both times.
 - d. Housekeeping will occur at the end of the specified day for you during quarantine.
 - e. Maintenance requests that are not urgent should wait till after the 14 days.
 - f. If you receive a newspaper, it will be delivered.
 - g. Your family may come to visit with you periodically to ensure your well-being.
- 4- You will then be tested again for COVID prior to your quarantine being up.
- 5- Once your test results come back negative you will be welcomed to the rest of the home.

Post Quarantine:

- 1- The Marketing Manager will then provide you an orientation tour of the home so that you can familiarize yourself with the location of things as well the timing of activities.
- 2- You are asked to designate 2 designated visitors or caregivers. This can be family or others. They are required to book a time and day to visit through reception. Each visitor is enabled 2 visits per week or a total of 4 visits per resident. We try to accommodate everyone's request therefore, sometimes your request will be declined and other options offered.
- 3- Outings that are non-essential are not permitted. Only medical appointments or palliative situations are permitted.
- 4- Activities are restricted to exercise groups with less than 10 people and individual activities. You should maintain 6' from the other person(s) and/or wear a mask. You may enjoy the common areas at your own will.
- 5- Meals will be enjoyed in the dining room.
- 6- Housekeeping services will occur at the normal time of day that is established by your housekeeper.
- 7- You may pick up your mail and your morning paper at reception.
- 8- Staff will come by twice daily to take your temperature.



High-Alert Status

- 1- Your medical profile must arrive prior to your arrival. Medications prescriptions must be sent to OVM 2-3 days prior as a minimum to your arrival, so that the pharmacy can receive, package and send to the nursing staff.
- 2- You must have a COVID test done in your local area. Once you receive your results, you must move in within 24hrs.
- 3- You will self-isolate for 14 days in your suite.
 - a. You are to stay in your suite during this time.
 - b. Your meals and activities will be delivered to you.
 - c. If you have medical appointments, you may leave for those. You MUST wear a mask, sign in and out, have your temperature taken both times.
 - d. Housekeeping will occur at the end of the specified day for you during quarantine.
 - e. Maintenance requests that are not urgent should wait till after the 14 days.
 - f. If you receive a newspaper, it will be delivered.
- 4- You will then be tested again for COVID prior to your quarantine being up.
- 5- Once your test results come back negative you will be welcomed to the rest of the home.

Post Quarantine:

- 1- The Marketing Manager will then provide you an orientation tour of the home so that you can familiarize yourself with the location of things as well the timing of activities.
- 2- You are asked to designate 2 designated visitors or caregivers. This can be family or others. They are required to book a time and day to visit through reception. Only one visitor at a time and each visitor is enabled 2 visits per week or a total of 4 visits per resident. We try to accommodate everyone's request therefore, sometimes your request will be declined and other options offered.
- 3- Outings that are non-essential are not permitted. Only medical appointments or palliative situations are permitted.
- 4- Activities are in suite offerings. You may enjoy the common areas at your own will but not in larger groups.
- 5- Meals will be enjoyed in your suite.
- 6- Housekeeping services will occur at the normal time of day that is established by your housekeeper.
- 7- You may pick up your mail and your morning paper at reception.
- 8- Staff will come by twice daily to take your temperature.