

**Orchard View**  
BY THE MISSISSIPPI  
ALMONTE

# *The Monthly Review*

September 2021



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## Resident of the Month: Douglas Crotteau

Written by: Sophia Reimer

It was my pleasure to interview Douglas (Doug) Crotteau for September's Resident of the Month. Doug is one of those people who can easily put a smile on someone's face. He is a laid-back guy who takes each day as it comes. He enjoys participating in many activities and getting out and being active when possible. Doug has been at Orchard View for over a year and when asked about his experience here so far, he said, "I like Orchard View big time!" He explained that there is a lot going on, he eats well and participates in different activities and says it's a "great spot."

Born in Iroquois Falls, Ontario, he grew up the youngest of six children. Before he was born, his parents moved from the United States for his father to work at the paper mill in Iroquois Falls. Doug recalls fond memories of spending time with his five siblings. He loved sports. He played a lot of hockey and spent much of his time downhill skiing and even competed in skiing competitions. He coached hockey for many years as well. He calls himself a "sports fanatic" and now loves to watch sports and actively follow sports news. He's always happy to talk about sports and you can often find a sports channel on in his room.

Doug went to the University of Toronto and got his Bachelor of Arts and Masters in Education. He became a teacher and taught in many different elementary schools around the former Carleton County, now considered the City of Ottawa. For many years Doug taught numerous subjects, most commonly history and geography. Once he even taught French, although he didn't speak the language himself. Doug went on to become the principal of many elementary schools, including Manotick Public School and Uplands Elementary School which he greatly enjoyed. He said being a successful teacher and then principal for many years was one of the things he is most proud of in his life. It's clear to see Doug's passion for education and his love for working with children.

Doug told me that two of the most impactful times in his life were when he got married and when his children were born. He was so happy and excited to be a dad and is so proud of his happy marriage and his strong relationship with his children. He has two children, a son who lives in Almonte and a daughter who now lives in Toronto as a lawyer. He has seven grandchildren and even more great grandchildren. His affection for his family was evident as he spoke of how COVID-19 has made it very difficult for him to see his family. Typically, there would always be get-togethers for Sunday night dinners, birthdays and holidays and he looks forward to being able to see them all again.

Doug was an avid traveler, especially in Europe. He has been to most countries in Europe and used to spend most summers there with his wife. Some of his favourite travel destinations were Spain and southern France. Doug and his wife loved Europe so much they intended to retire there, but when his wife passed away, he decided to stay in Ottawa.

Doug is a go-with-the-flow kind of guy who is easy to get along with and has a good sense of humour. We are very happy to have him here at Orchard View and wish him all the best.



Keep on



*We have been keeping busy and active this summer. We enjoyed celebrating the 5 year anniversary of Orchard View by the Mississippi*

# On Smiling



We have been taking advantage of the warm weather and enjoying picnics every Friday



## Employee of the Month - Jeff Jones

Congratulations to Jeff for being September's employee of the month. You always get service with a smile with Jeff. He goes above and beyond the call of duty and is respected by managers, colleagues and residents alike. He goes by the nickname of "Chumley" among his co-workers and is a great sport. He is well deserving of this recognition and we are lucky to have Jeff as part of our team. Thanks for everything you do Jeff, keep up the great work.

## Testimonial - A prospective Resident ~ ER

I can't get over how beautiful and peaceful you feel when you walk through the door. It's warm and welcoming, active but calm. It feels like home from the moment you meet the first person.

I also really like that living here takes away all the "crap" and fills it with something that is fulfilling. Sounds like a great place to me.

## Laugh out Loud with Orchard View

- "I'm afraid for the calendar. Its days are numbered."
- "My wife said I should do lunges to stay in shape. That would be a big step forward."
- "Why do fathers take an extra pair of socks when they go golfing?" "In case they get a hole in one!"
- "Singing in the shower is fun until you get soap in your mouth. Then it's a soap opera."
- "What do a tick and the Eiffel Tower have in common?" "They're both Paris sites."
- "What do you call a fish wearing a bowtie?" "Sofishticated."
- "How do you follow Will Smith in the snow?" "You follow the fresh prints."

## Open Activities

- ~ Bistro ~ Puzzle Tables
- ~ Wellness Centre Bike and Walking Bars
- ~ Joe on the Piano ~ Adult Colouring
- ~ Social Distanced Bingo with Joanna and Friends
- ~ Massage Chairs (Wellness Centre/ 3rd Floor Lounge)
- ~ Docking Station for phone calls or Video Calls on the computer
- ~ Library ~ Tuck Shop
- ~ Church Services / Rosary Prayer
- ~ Fitness classes on Main, 3rd and 4th Floor with Almonte Physio

## Trivia Time --

1. Who played the film role of *Mary Poppins*?
2. Do stalactites grow up or down?
3. What is the city of *Constantinople* now called?
4. How many minutes does a soccer match last?
5. In which European country, apart from *Germany* is *German* the only official language?
6. Is it true that a singer can shatter a wine glass simply by hitting a high note?
7. How do you judge the age of a tree which has been felled?
8. Who was the first woman to make a solo flight across the *Atlantic Ocean*?

## JoJo's Did You Know

If the population of *China* walked past you in a single file, the line would never end because of the rate of reproduction.

It's impossible to sneeze with your eyes open.

Leonardo DaVinci invented scissors

Maine is the only state whose name is just one syllable

No word in the English language rhymes with; month, orange, silver or purple.

# VenDemmia at KIN

Weekend of September 17-19th

Come enjoy a weekend away from the city, in a beautiful Carp Vineyard  
With live entertainment, grape stomping, amazing food and great wine, this is the place to be.

Various events and live entertainment will be on all weekend long.

