

The Monthly Review

October 2021



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Resident of the Month: Monica Jones

Written by: Sophia Reimer

Monica's parents got married after World War I, and she was born in 1920 in the midlands of England. Her parents kept a small gallery of art and antiques but gave it up in 1926 when there were no sales. They moved into a Tudor farmhouse in the country where they kept poultry and a large orchard. Monica was the eldest of five girls, all of whom have passed away now except the youngest, who lives in Florida.

She has many fond memories of growing up on the farm. She remembers a field of cattle nearby and that she and her sister would sneak in when the cows were feeding and jump on their backs, pretending to ride them like horses. Monica loved adventures. She got herself into trouble when she took her father's motorbike for a spin with her younger sister on the back and when she tried driving a boat by herself—both at the age of twelve. She even ran away from home twice but always returned shortly after.

Monica's father wanted his daughters to choose their own fields of education. Monica got a scholarship to a grammar school and then went on to do three years of nursing school. When World War II began, she was conscripted to work in a factory. It was there where she met her husband.

They got married and after the war, they moved to Cheltenham, Gloucestershire and spent five years rebuilding a cottage there. In 1948, Monica and her husband had a daughter. In 1954, Monica went to visit her sister who lived in Canada. She loved it so much that the following year, she and her husband and daughter moved to Toronto.

Monica worked for Remington Rand typewriter company, and then Mine Safety Appliances. She then worked for the Ministry of Agriculture for twenty-three years in many different positions and had a stint as a secretary at Leyland Publishing. She and her family lived in their house in Toronto for twenty years and then moved to Dundas and from there, she came to Orchard View.

Monica's daughter became a professional artist and had a daughter of her own. Monica's husband and daughter have since passed away, leaving Monica's wonderful granddaughter as her main caregiver. Her granddaughter, Lex, was the one who got her into Orchard View and Lex's husband Dan, has been such a support to Lex and Monica. Monica also has a great-granddaughter who is six years old and she had a dog named TyPhoo for many years, who was a

great companion to her. TyPhoo is now well looked after by her granddaughter.

If there is one thing that I learned about Monica, it is that she loves adventure and trying new things. She and her husband were avid skiers and they often skied and hiked in the Adirondacks. She even went down the Olympic luge in Lake Placid from the half-mile and went in a glider at Mount Mansfield. Monica referred to herself as a "daredevil" and said that her husband was less so.

She has travelled all over Europe to places like Wales, Scotland, Sweden, Germany, Belgium and more. Her favourite place that she went to was Holland. She and her husband went there in 1970 and stayed in a hotel on a canal. They enjoyed a seventeen-course meal and rode bicycles everywhere. She went to Bermuda and Barbados as well as all over Canada and the United States.

Monica said she is proudest of bringing up her daughter and of her family. She lovingly recalls the good lessons her parents taught her. She knows they would be so happy to see her living in a place like Orchard View where she could be safe and without troubles. "I love the people and the staff are very willing and look after us all," she said. "It's next to paradise here."

Monica's quick smile always brightens my day and she is a joy to all who know her. She is such a friendly and interesting person to talk to and I greatly enjoyed sitting down with her and hearing her life story—from growing up in England and living through the war, moving to Canada, bringing up her family and working in so many diverse jobs. It's easy to see how much she loves her granddaughter and great-granddaughter and how grateful she is to have them in her life. She has a wonderful memory and told me so many stories it would have taken pages to tell them all.





We celebrated the start of fall with an Apple Pie Festival and of course, Vendemmia!









































We enjoyed the last of our picnics for the season to various beautiful locations







Employee of the Month - Than Mok

Congratulations to Than for being October's Employee of the month. Than is a reliable and hard working member of our team. She is a behind the scenes staff member and much of her work goes unseen but she is so valuable in the kitchen and we wouldn't know what to do without her. She is efficient and dedicated. Thanks for all you do, Than.

Testimonial - Don McLeod

In 2003 I was diagnosed with Huntington's disease. I started on my search for what I had in my power to delay the early onset of HD. I get up each day with purpose. I walk, I talk, I engage, I eat balanced meals, I look to make others lives better as well as my own. Since I moved into OVM, the purpose-built, enriching environment has helped me maintain these practices and held HD off in order to focus on more important things in my life. Thank you Orchard View.

Laugh out Loud with Orchard View

- "If April showers bring May flowers, what do May flowers bring?"
 "Pilgrims."
- "I thought the dryer was shrinking my clothes. Turns out it was the refrigerator all along."
- "Have you heard about the chocolate record player? It sounds pretty sweet."
- "What did the ocean say to the beach?" "Nothing, it just waved."
- "Why do seagulls fly over the ocean?" "Because if they flew over the bay, we'd call them bagels."
- "I only know 25 letters of the alphabet. I don't know y."
- "How does the moon cut his hair?"
 "Eclipse it."
- "What did one wall say to the other?" "I'll meet you at the corner."

Open Activities

- ~ Bistro ~ Puzzle Tables
- ~ Wellness Centre Bike and

Walking Bars

- ~ Joe on the Piano ~ Adult Colouring
- ~ Social Distanced Bingo with

Joanna and Friends

- ~ Massage Chairs (Wellness Centre/ 3rd Floor Lounge)
- \sim Docking Station for phone calls or Video Calls on the computer
- ~ Library ~ Tuck Shop
- ~ Church Services / Rosary Prayer
- ~ Fitness classes on Main, 3rd and 4th Floor from Almonte Physio



JoJo's Did You Know

Our eyes are always the same size from birth, but our nose and ears never stop growing Peanuts are one of the ingredients of dynamite

Rubber bands last longer when refrigerated.

"stewardesses" is the longest word typed with only the left hand and "lollipop" with your right!

The average person's left hand does 56% of the typing.

The cruise liner, QE-2, moves only six inches for each gallon of diesel that it burns.

