



The Monthly Review

November 2022



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Resident of the Month: Aline King

Written by: Nancy

Aline was born in Mattawa, Ontario, her father being originally from Quebec and her Mother from Ottawa, Ontario. She spent the majority of her childhood in North Bay, her early years immersed in the French language both at school and church, along with her 3 brothers and 1 sister. She was fortunate to become bilingual at an early age – learning English by the time she was 11, becoming fluent in French and English – a credit to her bilingual Mother.

Off to St. Joseph's College, in North Bay at the age of 13, Aline was quickly exposed to another language for the next 3-4 years – Spanish. (a bit of a sidenote - this college is now a retirement home for its alumni;) She studied violin here and was in the school orchestra. At age 16, the school sponsored her at Teachers College in Toronto – this was quite an achievement for such a young girl. Because of her young age, she was sent to North Bay and Sudbury to teach rather than further up north, a bit too far for a young woman on her own, it was felt. For the next three years she taught the early grades – 1, 2 and 3. Imagine a 17-year old heading off to teach that first year.

In 1963, it was time for change. Aline was always looking for the next adventure. She took the train to Montreal and upon arrival popped into an employment agency – hired on the spot! Don't forget she was bilingual, these language skills valuable in the workforce in Montreal. She started immediately to work as a receptionist at the Ritz Carleton. She was living and working in a very English area and problems were starting to take root in the city (riots, etc). Her family were concerned for her safety and wanted her back home – they didn't feel she was safe in Montreal on her own.

Back in Ottawa, visiting with an uncle who was in the military, Aline wondered what was next – things happen quickly it seems in Aline's life – off to transfer some funds at the Royal Bank on Sparks Street Mall in downtown Ottawa, she noticed a help wanted sign – so, yes she immediately was hired and trained as a bank teller.

She actually met her husband, Keith through these visits with this same uncle in Ottawa and she and Keith eventually married back home in North Bay in 1964. A son, Jonathan was born to the couple, on February 14, 1966 at the old Ottawa General Hospital.

Keith left the military in 1970 to work for a private aviation company in Winnipeg, Manitoba. He eventually wrote his papers receiving certification for 10 different aircraft.

2021 Veterans Photo



Remembrance Day at OVM

Friday, November 4th the Almonte Legion will be our yearly honourary guests as they lead a formal Remembrance Day Service for our Veterans and Residents at OVM. Should family or Town Home Residents wish to attend, please remember to arrive early for COVID screening.

Friday, November 11th we will have a smaller service in the afternoon as to not be in conflict with the service on Parliament Hill. We will then have musical entertainment with Dai Bassett and Happy Hour come 3:00pm.

Orchard View Veterans

Joanna Andrews-Gillies

Louis Beaudoin

Dave Cummings

Sam Ellens

Willis Gourlay

John Wellman

Genevieve Swartman

Ivor Allen



Orchard View Veterans

David Henderson

Terry Hodgson

Bent Laale

Pat McCurdy

Jim Scrimgeour

Sylvia Thiel

Ed Roberts

Employee of the Month - Megan Yorath

Congratulations to Megan for being selected as the November employee of the month! Megan has just returned from Maternity leave and the staff and residents have been thrilled to have her back. Megan is a PSW for the Memory Living Residents, she is a ball of energy and a go getter! Thank you Megan for coming back home to us at OVM!

Testimonial - Jane VonBoetticher

"It is very difficult to think that after all the efforts that Orchard View has put in place that COVID would affect our building. During this time, I continue to feel safe and know that everyone is doing their best. I have seen the management team delivering me meals and making sure that I have what I need to keep me comfortable. The nurses are so kind and helpful and if I need them, I just call them and they will appear. I know it's as hard on the staff as it is on the residents, but they come to us with compassion and kindness."

Looking to Volunteer?

We are looking for Family or Community Volunteers to help within the Recreation Dept.

Ideals of interest; read to others, small walking group, Hymn sing, baking, arts and crafts, playing cards, helping in the resident gardens and so much more.



If this or something else is of interest to you please contact Michael at ovmrecreation@ovlc.com or call at 613-963-5000

Laugh out Loud with Orchard View

Some people eat snails, they must not like fast food.

A man walks into a library and asks the librarian for books about paranoia. She whispers, "They're right behind you!"

Why don't koalas count as bears? They don't have the right koalafications.

I couldn't figure out why the baseball kept getting bigger. Then it hit me.

Why does Humpty Dumpty love autumn? Because he always has a great fall.

Open Activities

- ~ Bistro ~ Puzzle Tables
- ~ Wellness Centre Bike and Walking Bars
- ~ Joe on the Piano ~ Adult Colouring
- ~ Social Distanced Bingo with Joanna and Friends
- ~ Massage Chairs (Wellness Centre/3rd Floor Lounge)
- ~ Library ~ Tuck Shop ~ Scrabble
- ~ Church Services / Rosary Prayers
- ~ Fitness classes on Main & 3rd with Almonte Physio
- ~ Door to Door Mind Work Games
- ~ Bistro Activities ~ Musical Entertainment

Keith had now been offered work in Ottawa and good friends in Almonte, Ontario suggested that they head this way and take up residence in this beautiful little town, Almonte. So, 4 years after taking up residence in Winnipeg, they moved to Almonte. The rest is history. At first Aline thought she had gone back in time. Their son, Jonathan was 8 years old at the time and with the move, Aline wanted to find work but it had to accommodate the requirement to be nearby for her son at the beginning and end of each school day. It didn't take long before she learned of an opportunity with the Department of Communications at the Almonte Monitoring Station translating logs – the salary was great and the location excellent, close to Almonte out near what is now known as the Lowry farm on Highway 29. She worked there for the



next 8 years and when that facility closed, so ended that employment. Next stop – The Almonte Public Library where she worked dispersing interlibrary loans. She also found time to tutor French. A family from El Salvador arrived in the community during this time as well and Aline was able to help with translation - as you remember she had been exposed to the Spanish language back in her early schooling at St. Joseph's College.

In 1994, in her 50s, Aline retired as it was about this time that Keith was retiring as well. She certainly did not sit still though, quickly engaging in theology courses and then also becoming a member of the Valley Players for the next 15 years.

Unfortunately, it was not the retirement that they had planned; Keith was ill for a number of years and passed away 3 years ago, just prior to the start of Covid.

Aline speaks with a mother's love and pride of her son, Jonathan and of her daughter in law, Susan and granddaughter, Linda who live close by in Kanata. Linda and Tim have a son, Thomas making Aline a great Grandma.

Aline moved to Orchard View by the Mississippi on 1 August, 2022. She already knew a number of residents as they too were part of the congregation at Holy Name of Mary here in Almonte. She feels safe here, feels like it is finally home. The atmosphere is wonderful, people call you by name, the gardens are absolutely beautiful – and the responsibilities she felt previously living on her own are now eliminated. Welcome, Aline – we too are so glad you have chosen to join us!

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Keep on Smiling





















Everyone needs a good puppy cuddle from time to time!

























